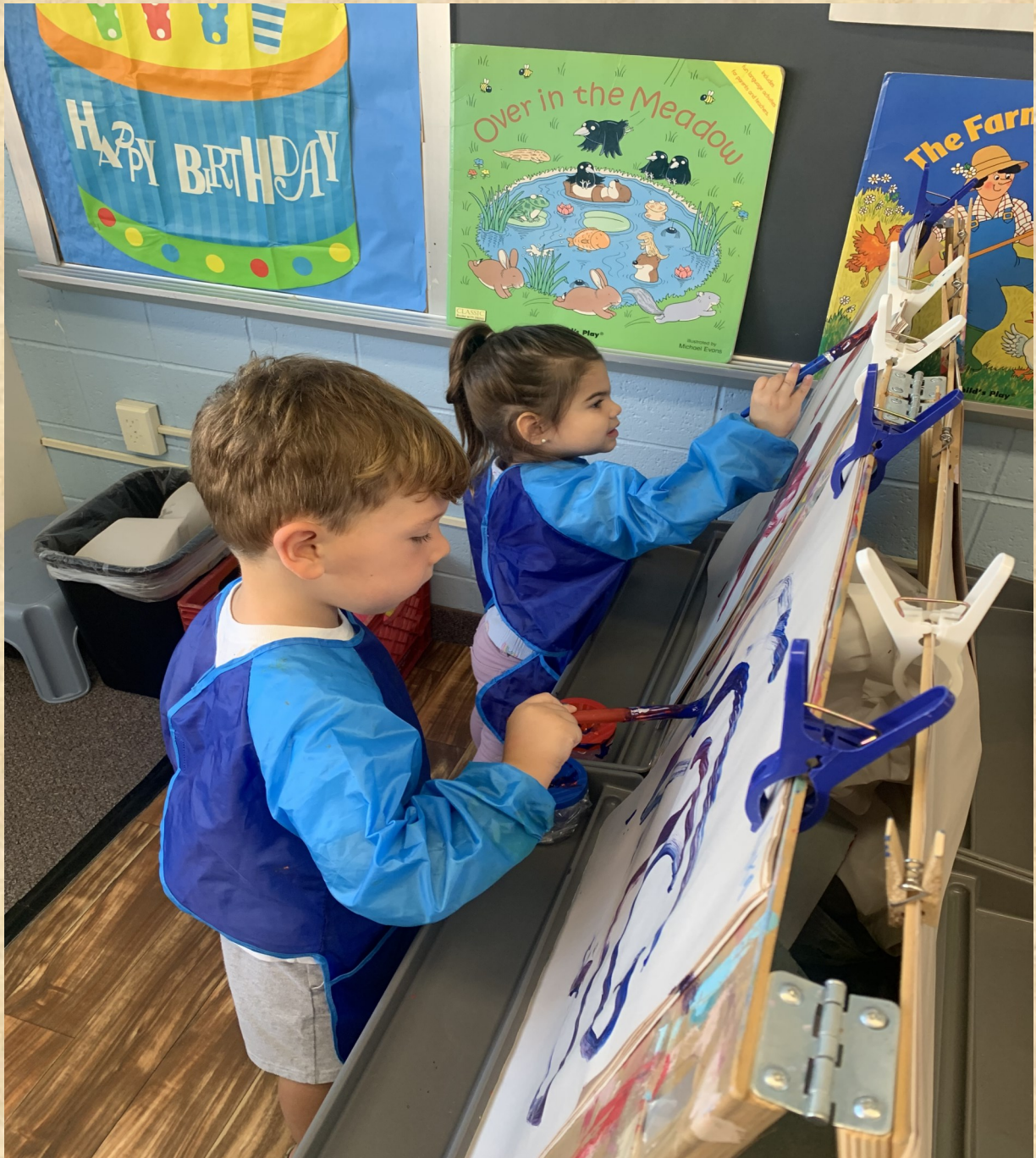




City of Stamford

Mayor Caroline Simmons

Stamford Parks & Recreation Winter Brochure 2024



Phone: (203) 977-5214 Fax: (203) 977-5504   @stamfordrec

888 Washington Blvd, 6th Floor www.stamfordrecreation.com

Registration Begins December 6, 2023 on-line & In Person by a Appointment!

Welcome to Stamford Parks & Recreation

Department Staff:

Director of Parks & Recreation: Kevin Murray
Assist. Superintendent: Scott Kassouf
Assist. Superintendent: Megan Gearhart
Recreation Supervisor: Jack Lyons
Recreation Leader: Dante Statum
Customer Service Specialist: Tina Baines
Account Clerk II: Karla Parham

Parks & Recreation Commission

Chair Parks & Recreation Commission: Paul Newman
Parks & Recreation Commission: Melanie Hollas
Parks & Recreation Commission: Michael Tedder
Parks & Recreation Commission: Angela Adetola
Parks & Recreation Commission: Jessica Katz

Office Hours:

Monday - Friday - 8:30AM - 4:30PM
Recreation Office located at 888 Washington Blvd. Registration can be done **On-line for residents by logging on to www.stamfordrecreation.com** Registrations can only be paid by credit card on line with a Visa or Master card.

Fee Payment:

Instructors CANNOT accept registration at the class. Fees must be paid at the Recreation Services Office in advance or on-line. Payments may be made by cash, check and credit card only. Credit cards will be accepted at the Recreation Services Office, or on line with Visa and Master Card Only! You must be 16 years old to register for adult programs & 21 years of age for casino trips. All checks should be made payable to the City Of Stamford. **If a check is returned to Recreation Services for any reason, a cash or money order payment of \$50.00 plus the face value of the check is required immediately.**

Reduced Fee Policy:

With the Stamford Public School serving lunch to all students this school year the free and reduced lunch letters will not be available. If you have snap, you can receive a letter from the BOE for proof. If you do not have Snap, Parents must complete the Household Income Survey in their parent portal on the BOE website. This will provide proof of eligibility for the reduced fee and a copy of that survey form must be submitted at the time of registration. Without that document you will not qualify for the reduced rate at registration. **Any program that offers reduced fee spots will be marked if offered.**

Refund Policy:

Refunds shall be granted before a class begins for an incapacitating medical hardship with a doctor's note, relocation with documented proof or if a waiting list is available and the spot can be filled. **Any approved refund will be granted minus a 15% processing fee, no exceptions!** If we cancel a program for any reason, there will be a full refund with no processing fee. Any refund granted after a class begins shall be prorated in addition to the 15% processing fee. If false information is given on a registration form, the registration is null and void and there will be no refund.

Registration Procedure:

Stamford residents are given first priority to register for all programs. Non-Residents may register for programs on an availability basis prior to the start of the program with a \$10.00 surcharge. This does not apply to athletic leagues which have separate eligibility policies. Registrations are not accepted at any of our programs & must be done in advance at the Recreation Office or ONLINE. Payments cannot be made at The Recreation Star Center!

Recreation Star Center:

The Stamford Recreation Star Center is located at 1170 Shippan Ave in Stamford. The Star Recreation Star Center is Open Monday through Saturday offering programs from preschool age through adults! **Registration for all programs held at the Star Center are done the Recreation Services Office located the Stamford Government Center or online.** If you have any questions please go to our website: www.stamfordrecreation.com or at 203-977-5214.



**Registration begins on December 6 for most programs. Registration for Preschool holiday classes & December Break Camp starts November 15, 2023 .
In Person Registration is Done By Appointment Only
To make an appointment call 203-977-5214!**

Stay & Play Preschool 2024 - 2025

Recreation Star Center, 1170 Shippan Ave

September 2024 - June 2025 (Following Stamford Public School Calendar)

Tuesday Wednesday & Thursday - **3 year old program - Sess. 01**

Tuesday, Wednesday, Thursday & Friday - **4 year old program - Sess. 02**

Time: 9:15AM - 12:15PM

\$4,200.00 per year (3 Year olds / 3 times per week) Can be paid in 4 payments of \$1,050.00

\$5,500.00 per year (4 year olds / 4 times per week) Can be paid in 4 payments of \$1,375.00

A \$500.00 Non - refundable deposit is due at the time of registration & the deposit will be deducted from your final payment. Registration is open until the program fills. **Registration begins December 1st, 2023.**

Instructors: Beth Covino, **Preschool Instructor** & Victoria Eldridge, **Preschool Instructor**

Our exciting preschool program specifically designed for 3 and 4 year old's. Children will gain independence and self-confidence in our play based approach to early learning focused on socialization and cooperation. This hands on, active environment will encourage exploration and discovery. Activities will include creative expression, dramatic play, music and movement, large and small motor activities, early literacy, sensory activities, math readiness and outdoor play. We also offer a **"Lunch Bunch"** option for students two days a week that will extend the school day until 1:30pm on those assigned days. Families will be required to sign up on a monthly basis and pay in advance. This will begin in October 2024 and run through June 2025 for the four-year-old program.. The Lunch bunch will also be available to the three year olds starting in February 2025. **Note: For more information or to schedule a visit call 203-977-5018 or Email Scott Kassouf: The Assistant Superintendent of Recreation @Skassouf@stamfordct.gov Open House Dates:** Contact Scott Kassouf, Assistant Superintendent of Recreation to set up a visit with our preschool staff and tour the program. **All students registering for the program must be 3 years old by October 1, 2024 to be eligible! For the program!**



Preschool Holiday Programs

Handprint Keepsake Ornaments! (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave

Tuesday, November 28th - **Sec. 1**

Thursday, November 30th - **Sec. 2**

11:15AM -12:00PM

\$18.00 per child per section

Instructor: Jen Lupinacci

They are only small for such a short time - come make a special keepsake handprint ornament to be cherished or given as a great gift. We will be working with modeling magic clay and also paint (please dress accordingly). This is a fun way to always remember how little they once were! We will be listening to festive music while we work. **Caregiver and me class. Registration begins 11/15!**



Winter Wiggles (Ages - 3 months - 15 months)

Recreation Star Center, 1170 Shippan Ave

December 1st, 8th and 15th

Fridays

11:15AM -12:00PM

\$40.00 per child

Instructor: Jen Lupinacci

An introduction for you and your baby to a play group setting with a holiday twist. We will sing simple songs, stories and have tummy time activities! This class will give you a chance to not only socialize your baby but to socialize yourself. **Registration begins November 15 online!**



Do You Want to Build a Snowman (Ages 2-4)

Recreation Star Center, 1170 Shippan Ave

Wednesday, November 29th -**Sec. 1**

Tuesday, December 5th - **Sec. 2**

11:15-AM-12:00PM

\$18.00 per child per section

Instructor: Jen Lupinacci

There is a chill in the air and what is more fun than building a snowman? We will build a snowman that is soft and snuggly! The children will also be able to decorate snowman cookies that they can enjoy for a snack all while listening to holiday music. **Caregiver and me class. Registration begins November 15 online!**



Preschool Holiday Programs

It is Time to Decorate Your Christmas Tree (Ages 2-4)

Recreation Star Center, 1170 Shippan Ave
Wednesday, December 6th - **Sec. 1**
Thursday, December 7th - **Sec. 2**
11:15AM - 12:00PM
\$18.00 per child per section



Instructor: Jen Lupinacci
Nothing is more fun than decorating your own Christmas tree! We will create a keepsake felt Christmas tree and make ornaments that can be used to decorate your very own tree. We will also decorate a Christmas tree that can be eaten! What fun we will have all while listening to holiday music. **A caregiver and me class. Registration begins November 15 online!**

Holiday Themed -Play and Learn (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave
Tuesdays - November 28, December 5, 12 & 19 - **Sec. 1**
Wednesdays - November 29, December 6, 13 & 20 - **Sec. 2**
Thursdays - November 30, December 7, 14 & 21 - **Sec. 3**
Fridays - December 1, 8 and 15 - **Sec. 4**
9:30AM - 11:00AM
\$48.00 per child per section



Instructor: Jen Lupinacci
Play with a purpose introduces your toddler to the experience of preschool with a caregiver. Our classroom will be set up with child-initiated activities. There will be centers to explore holiday themed play doh, painting and more. Plus simple holiday projects. We will have a circle time with songs and stories. A festive snack will be provided. We will play in our spacious gym or, weather permitting, outside on our playground. This will encourage movement and independence in a fun and safe environment. A great way for your child to continue to develop both fine and gross motor skills, learn about transitioning to the next activity and spatial awareness. **A child and caregiver class. Registration begins November 15 online!**

New Preschool Program

Bonjour, Bébé! Mommy and Me French Adventure (Ages 3-5)

Recreation Star Center, 1170 Shippan Ave
January 11 - February 15
Thursday
10:30AM - 11:15AM
Fee: \$180.00 per child for six weeks
Instructors: Sylvie Lobsenz

Let's make learning French an absolute joy for both mommies and their little ones! Our carefully craft program is specifically tailored to make your child first exposure to French an absolute delight. Mommy and me French class are led by experienced and passionate instructors who will make sure that mom and child have a blast while learning French. Together you and your child will embark on an incredible language learning journey that will create unforgeable memories! **Let's get together et à bientôt mes amis!** Feel free to reach out www.literakid.com

Tiny Tot Cookie Decorating (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave
Tuesday, December 12th - **Sec. 1**
Wednesday, December 13th - **Sec. 2**
11:15AM - 12:00PM
\$18.00 per child per section



Instructor: Jen Lupinacci
Tis' the season for caroling and cookies! Come introduce your tot to the joy of simple holiday songs and the fun of frosting! We will sing, make a simple craft to take home and decorate sugar cookies that get to be enjoyed by all! **Caregiver and me class. Registration begins November 15 online!**

Holiday Pajama Party (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave
Thursday December 14 - **Sec. 1**
Thursday December 21 - **Sec. 2**
11:15AM - 12:00PM
\$18.00



Instructor: Jen Lupinacci
Come dressed in your favorite holiday pajamas!!
What can be more fun than a lazy day in our PAJAMAS? How about fun holiday crafts, stories and songs in our pajamas. We will have a fun holiday treat also! **Registration begins November 15 online!**

Gingerbread House Decorating (Ages 2-4)

Recreation Star Center, 170 Shippan Ave
Tuesday, December 19th - **Sec. 1**
Wednesday, December 20th - **Sec. 2**
11:15AM - 12:15PM
\$20.00 per child per section



Instructor: Jen Lupinacci
There's nothing like a gingerbread house. They are as much fun to make as they are to eat! Join us for this one day event where you will decorate a gingerbread house to take home and sing songs inspired by the season! Limited to 14 children. **A caregiver and me class. Registration begins November 15 online!**



Preschool Programs

Play and Learn (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave
January 9 - March 8th (No class 2/16, 2/21 & 2/22)
Tuesday - 9:30AM - 11:00AM - **Sess. 1**
Wednesday - 10:00AM - 11:30AM - **Sess. 2**
Thursday - 9:30AM - 11:00AM - **Sess. 3**
Friday - 11:00AM - 12:30PM - **Sess. 4**
\$120.00 per child once a week for 8 weeks
Instructor: Jen Lupinacci

Play and Learn introduces your toddler to the experience of preschool with a caregiver. Our classroom will be set up with child-initiated activities. There will be centers to explore...play doh, painting and more. We will have a circle time with songs and stories. A snack will be provided. We will play in our spacious gym or ,weather permitting, outside on our playground. This will encourage movement and independence in a fun and safe environment. A great way for your child to continue to develop both fine and gross motor skills, learn about transitioning to the next activity and spatial awareness. **A caregiver and me program!**

Munchkin Sports & Games (Ages 2 - 3)

Recreation Star Center, 1170 Shippan Ave
January 12 - March 8 (No class 2/16)
Friday
10:00AM - 10:40AM
Fee: \$100.00 per child for 8 weeks
Instructors: Jen Lupinacci

Children will have lots of fun learning new games and sports each week. This program will allow children to work on their gross motor skills, learn the basics of team sports and give each child confidence while having fun. Creative movement exercise, soccer balls, basketball and games are just a few of the activities/sports we will cover. **A caregiver and me program!**

Indoor Soccer Tikes for Preschoolers (Ages 3-5)

Recreation Star Center 1170 Shippan Ave
January 13 - February 24 (No class 2/17)
Saturdays (Max of 20 kids per class)
10:30AM - 11:30AM - Koalas (3 year olds) - **Sess. 1**
11:30AM - 12:30PM - Bears (4-5) year olds - **Sess. 2**
\$125.00 for 6 weeks per child
Kevin Fallon, Certified Soccer Tots Program

Kids should wear sneakers & comfortable clothing. At Soccer Tikes, we stress a non-competitive environment. This is a child development program for kids ages 3- 5. Classes are designed to develop motor skills, promote physical fit-ness, and create self-confidence. We also mix fun, skill development activities with actual small sided games. **Listed above are the two sessions we will offer this winter!**



Tummy Time to Toddler Play (2 months - 15 Months)

Recreation Star Center, 1170 Shippan Ave
January 9 - March 5 (No class 2/20)
Tuesday
11:20AM - 12:00PM
Fee: \$100.00 per child for 8 weeks
Instructors: Jen Lupinacci

This class will offer a chance for safe baby and toddler socialization. We will introduce circle time with simple stories, music, puppet play, sensory scarf activities and of course bubbles! We will also have weekly parenting topics and discussion- nothing helps a parent or care giver to feel more at ease than knowing they are not alone.

Hands On Science (Ages 2-4)

Recreation Star Center, 1170 Shippan Ave
January 10 - March 7 (No class 2/21 & 2/22)
Wednesday - 11:45AM - 12:25PM - **Sess. 1**
Thursday - 11:15AM - 11:55AM - **Sess. 2**
\$100.00 per child once a week for 8 weeks
Instructor: Jen Lupinacci

It's full STEM/STEAM ahead in this hands on class. We will explore something new every week-while applying simple scientific aspects that children can relate to. We will have a lot of fun with simple experiments and hands on exploring. The children will be allowed to help mix -stir and possibly EXPLODE our experiments! Themes may include dinosaurs, volcanoes, magnets, hibernation, space and more! **A caregiver & me program!**



Preschool Gymnastics on Saturdays (Ages 2 - 4)

Recreation Star Center 1170 Shippan Ave
January 13 - March 9 (No class 2/17)
9:00AM - 9:35AM (Ages 2 - 3) - **Sess. 1**
9:45AM - 10:20AM (Ages 3- 4) - **Sess. 2**
Saturday

\$221.00 per child per sessions for 8 weeks
Taught by Certified Gym On Wheels
The GYM ON WHEELS program will have your children tumbling, tucking, and jumping out of their shoes until their next encounter with us. This class will help your children develop fundamental gymnastics skills, while also teaching them skills in areas such as coordination ,balance, agility, listening to instruction, and the importance of team work. We are Team USA Gymnastics team members. We teach children the basic skills used for pommel horse, high bars, balance beams, parallel bars, springboards, and much more....all while making sure you have fun!

Preschool Programs

Multi Sports -Preschool Classes With USA Sports Group Indoors

Location: Lathon Gym, 137 Henry Street

Saturday: January 6 - February 10 - **Session 1**

Saturday: February 24 - March 23 - **Session 2**

9:00 AM- 9:50 AM - Parent & Me Squirts Multi Sports (ages 2-3) - **Sec 1**

10:00 AM- 10:50 AM - Squirts Multi Sports (ages 3-4)- **Sec.2**

11:00 AM- 11:50 AM - Squirts Multi Sports (ages 3-4) - **Sec 3**

Class Descriptions:

Multi Sports: The US Sports Institute's Multi Sports - Parent & Me Squirts program allows children aged 2-3 to experience a variety of sports throughout their program with a helping hand from Mom or Dad! Children will have the opportunity to try Lacrosse, Soccer, T-Ball, Track & Field and Parachute Games in a safe, structured environment.* The Multi Sports - Parent & Me Squirts program is ideal for any child that needs a little help from Mom or Dad.

USSI's Multi Sports Squirts: Program allows children aged 3-5 to experience a variety of sports throughout their program. It is the perfect introduction to athletics for your future sports star! All sports are taught in a safe, structured and fun learning environment. Each session is comprised of a series of games and activities designed to ensure learning and most importantly: fun, fun, fun! Participants will have the opportunity to experience Lacrosse, Soccer, T-Ball, and Track & Field.*

USSI's Multi Sports: Senior Squirts allows children aged 5-8 to experience a variety of sports throughout their program. An introductory level program, Multi Sports - Senior Squirts is the perfect stepping stone for children who have graduated from USSI's Multi Sports Squirts program or for children looking for their first ever sports experience. Players will learn key skills through small-sided scrimmages in a variety of sports including Lacrosse, Soccer, T-Ball and Track & Field.* All Senior Squirts curricula create an environment which allows players to develop and progress within sport.

T-Ball Preschool Classes With USA Sports Group Indoors

Location: Lathon Gym, 137 Henry Street

Friday: January 5 - February 9 -**Session 1**

Friday: February 23-March 22 - **Session 2**

2:00 PM- 2:50 PM - Squirts T-Ball (ages 3-4)- **Sec. 1**

3:00 PM- 3:50 PM - Squirts T-Ball (ages 3-4) - **Sec. 2**

4:00 PM- 4:50 PM - Senior Squirts T-Ball (ages 5-6) - **Sec. 3**

Class Descriptions:

T-Ball: Parent & Me Squirts classes are a fun and positive introduction to t-ball for children aged 2-3 and their parents! With a parent participating by their side, kids will have fun learning the fundamental skills of t-ball through a program of structured activities, fun based games, and scrimmages.

USSI's T-Ball Squirts is a great way to introduce your young slugger to this exciting game. Open to both boys and girls, there's no better introduction to the sports of baseball or softball! Utilizing fun games and activities, players will develop their skills in hitting, throwing, base running and fielding. At the end of each session participants will apply these skills into realistic mini game situations.

USSI's T-Ball - Senior Squirts is a great way to introduce your young slugger to this exciting game. T-Ball - Senior Squirts is the perfect stepping stone for boys and girls who have graduated from USSI's T-Ball Squirts program or for the young player looking for their first baseball or softball experience! Players will focus on learning the rules and enhancing techniques for hitting, throwing, base running and fielding. Each week players will apply what they have learned into a T-ball scrimmage.



Birthday Parties with Stamford Recreation

Birthday Parties for Ages Pre K through 4th Grade

Stamford Recreation Services is pleased to offer Birthday parties at our Star Recreation Center on Friday nights 6:00pm - 8:00pm and Saturdays 2:00PM - 4:00PM. Our parties include 70 minutes of instructed time and 50 minutes of social time food, presents and cake. Children can pick from the following Themed Parties: Classic Party (Games, arts & crafts and other activities) Sports Party (You pick the sport) Zumba Party/Dance Party) a Hula Hoop Party or talk to our staff and design a theme that works for you. Cost is \$275.00 - \$299.00 per party which includes staff, equipment, goodie bags, decoration, balloons and a gift for the birthday child. The fee covers the cost of 20 total children up to 25 children for an extra \$10.00 per child. For more information, contact Dante Statum @ Dstatum@stamfordct.gov or 203-977-4644





Star Center Pre-K & Youth Dance Programs

Tiny Tu-Tu's (Ages 2 - 4)

Recreation Center, 1170 Shippan Ave
January 6 - March 18 (No class 2/17 & 2/19)
Monday: (Ages 2-4) 2:15PM- 3:00PM - **Sess. 1**
Saturday: (Ages 2-4) 9:30AM - 10:15AM - **Sess. 2**
\$220.00 per child for 10 weeks per section
Instructor: Ms. Debbie

Get your tu-tus out! It's time to twirl and leap to classical music. During this 45 minute class, your little dancer will learn basic ballet techniques as they move to the beautiful sounds of classical music. **Max of 10 children per class!** Please note the program is not a parent and me class, it is designed to promote dancer independence. **Parents will be required to wait outside the class.**

Pre-K Ballet

Recreation Star Center Dance Room
January 9 - March 19 (No class 2/20)
Tuesday: 2:30PM - 3:15PM
\$220.00 per child per session for 10 weeks
Instructor: Ms. Alexandra Cahr



In this 45 minute introductory dance class, our young dancers will be introduced to basic ballet vocabulary, while exploring movement and music in a creative way. We will use stories, imagination games and props like scarves, shakers, ribbons and hoola hoops to encourage movement. Students will also work on classroom skills such as following directions, listening and working with others.

Fairytale Ballet

Recreation Star Center, 1170 Shippan Ave
January 10 - March 13
Wednesday
3:30PM - 4:15PM (Ages 2-4) - **Sess. 1**
4:30PM - 5:30PM (Gr K-3) - **Sess. 2**
\$220.00 for 10 weeks
Instructor: Ms. Debbie



In this class we will explore dance, poetry, and Fairytales. Skip through the enchanted forest, zip around like a dragonfly, and dance at the fancy ball. Dancers will hear a story or poem, practice technique, and dance out the story. Ballet attire required. **Parents will be required to wait outside the class.**

Ballet/Jazz (Ages 7 - 8)

Recreation Star Center Dance Room
January 9 - March 19 (No class 2/20)
Tuesday
4:45PM - 5:45PM
\$220.00 per child per session for 10 weeks
Instructor: Ms. Alexandra Cahr



Students will get the best combination of dance styles with our Ballet and Jazz program. We believe ballet should always be a part of a dancer's education. In addition, Jazz dancing is taught so the dancer can learn to perform to Broadway style music & popular upbeat songs. Classes focus on posture, balance, coordination, rhythm, & flow of physical energy while emphasizing traditional jazz & ballet structure & terminology.

Star Ballet For Pre K

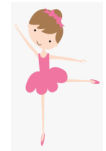
Recreation Star Center, 1170 Shippan Ave
January 6 - March 16 (No class 2/17)
Saturday
11:30AM - 12:15PM
\$220.00 for 10 weeks
Instructors: Ms. Debbie



Ballet- The dancers will explore the great ballet stories as they learn technique. Waltz into class and leap into fun!!
Girls: Royal Blue leotard pink tights, pink ballet slippers.
Boys: White t-shirt, dark shorts or sweats and black slippers. **Max of 10 children per class** Please note the program is not a parent and me class, it is designed to promote dancer independence. **Parents will be required to wait outside the class.**

Dancing Stars (Ages 3 - 5)

Recreation Star Center, 1170 Shippan Ave
January 8 - March 18th (No class 2/19)
Monday
3:30PM - 4:15PM
\$220.00 for 10 weeks
Instructors: Ms. Debbie



This ballet class your dancer will reach for the stars! They will run, hop, skip and leap into the world of dance. Learning the basic positions in a fun and creative way. The program is not a parent and me class, it is designed to promote dancer independence. **Parents will be required to wait outside the class.**

Ballet for Children (Gr. K-3)

Recreation Star Center,, 1170 Shippan Ave
January 6 - March 18 (2/17 & 2/19)
Monday - 4:30PM- 5:30PM (Gr. K-3) - **Sess. 1**
Saturday - 10:30AM - 11:30AM (Gr. K-3) - **Sess. 2**
\$220.00 for 10 weeks
Instructors: Ms. Debbie

Ballet - The dancers will explore the great ballet stories as they learn technique. Waltz into class and leap into fun!! Dancers need ballet slippers, and water bottle. Girls Royal Blue leotard, pink tights, pink ballet slippers. Boys White t-shirt, dark shorts or sweats & black slippers.

Hip Hop/Funk (Gr. K - 6)

Recreation Star Center, 1170 Shippan Ave
January 9 - March 19 (No class 2/20)
Tuesday 3:30PM - 4:30PM (Gr. K - 3) - **Sess. 1**
Tuesday 4:30PM - 5:30PM (Gr. 4 - 6) - **Sess. 2**
\$220.00 for 10 weeks per section
Instructors: Ms. Debbie

This class is one hour fun filled class is for the person who loves to dance around the house. Why not take it to the beautiful Star Center and shine even brighter! Dress comfortably. Hip hop sneakers or Jazz shoes. **No street shoes.**

Youth Holiday Programs & Camps

Holiday Vacation Camp Grades K - 5

Recreation Star Center, 1170 Shippan Ave
December 26 - December 29

Tuesday - Friday
8:00AM - 5:00PM
\$50.00 per child per day
\$180.00 per child all 4 days



Instructor: Recreation Services Staff

Come join us during the holiday break as we offer this 4 day vacation program. Each day campers will be involved in gym games, sports, arts and crafts and more. Camp is open to a max of 50 students per day and you can sign up for as many days as you need. **Bring a bagged lunch each and snack each day!**

February Vacation Camp (Gr. K -5)

Recreation Star Center, 1170 Shippan Ave
1170 Shippan Ave

February 16, 19 & 20, 2024
Friday, Monday & Tuesday
8:00AM - 5:00PM

\$50.00 per day per child
\$135.00 all three days per child

Instructor: Recreation Services Staff

Winter break is here and you need to work, parents look no further as we offer this school break camp. Each day campers will be involved in gym games, sports, arts and crafts and more. Camp is open to a max of 50 students per day so don't wait! **Bring a bagged lunch & snack each day!**



Martin Luther King Day Activity Club (Gr. K-5)

Recreation Star Center, 1170 Shippan Ave

January 15, 2024

Monday
8:00AM - 5:00PM

Fee: \$50.00

Instructor: Recreation Services Staff

Schools are closed and you need to work, look no further as we offer this one day program filled with gym games, arts and crafts, board games, outside activities (Weather permit) and more.

Campers should bring a bagged lunch and an afternoon snack.



NEW Engineering: Gears, Levers & Wheel MLK Camp (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave

January 15, 2024

Monday
9:00AM - 3:00PM

\$50.00 per child

Instructors: CT Computer Ed Staff

If you love building and inventions, our hands on building activities will inspire you! Students working in pairs will work with special LEGO® gears and levers and engineering components to build a Wall Racer, Speedster, a Battle Spinner and various other models. This fun, hands-on class shows students how engineering can be fun and silly, yet still educational. Students will build models and discuss the engineering science behind each model. Students will then be challenged to improve their model and customize their creations. **Please bring a lunch and a snack**, No Lego's will be taken home. **Pictures will be emailed home.**



HOOP GIRLS FIT TO GO CAMPS (Gr.K-5)

Bodywise By Betty Studio, 990 Hope Street in Stamford

January 15, 2024 (**Martin Luther King Day**) - Sess. 1

February 16, 2024 (**One day winter Break Camp**) - Sess. 2

February 19 & 20, 2024 (**Winter Break Camp**) - Sess. 3

9:30AM - 3:45PM

\$75.00 per child for one day camps- **session 1 & 2**

\$140.00 per child for two day camp - **session 3**

Instructor: Betty Kelly Camlin, Certified Instructor

Hoop Girls, "FIT TO GO" is a FUN, interactive, FITNESS and healthy lifestyle oriented camp at bodywise studio at 990 Hope Street and includes **REBOUNDING**, (aerobics on a mini-trampoline) **HULA HOOP AEROBICS**, **"ZUMBA IN THE GLOW"** and **YOGA GLOW** (disco party setting with special effect lighting) Ellipticals, treadmills, incline, rowers, Bosu balls, and These camps are all performed to awesome, kid/teen friendly, high energy music. Girls grades K - 5. **Bring lunch one day if single day, camp bring snacks, water bottle and large beach towel all days. NO NUTS, CANDY OR JUICE. JUST WATER. If a multiple day camp, and if the weather cooperates, we walk to Dominos for pizza. \$5 pp one day and to scoops for ice cream one day \$8 pp.** These activities are weather dependent & will be scheduled closer to the dates.

NEW Lego Robots & Then Some Camp (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave

February 16, 19 & 20

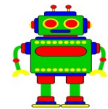
Friday, Monday & Tuesday

9:00AM - 3:00PM

\$140.00 per child

Instructors: CT Computer Ed Staff

This class will use Lego's and more Lego's to build various simple and elaborate robots. Each day will have a different theme to concentrate on. Children will have two goals one to build and the other to invent a team robot. No Lego's will be taken home. Children will build individually and as a group. Pictures will be emailed home. **NO LEGO'S WILL BE TAKEN HOME. Please bring a lunch and a snack!**



Youth Friday Night Programs At The Star Center

Friday Night Kids Club Gr. K-5

Recreation Star Center, 1170 Shippan Ave

Friday, January 12, 2024 - Sess. 1

Friday, January 26, 2024- Sess. 2

Friday, February 9, 2024- Sess. 3

Friday, March, 1, 2024 - Sess. 4

6:00PM - 9:00PM

\$25.00 per child per session

Instructor: Erica Grant and Recreation Staff

This Friday night program will give children and their parents a night out. Each night will be theme based filled with fun and age appropriate activities. A snack and beverage will be served and each night is **limited to 40 students. Parents can enjoy a night out while we watch your kids!**



Zumba Dance Neon Party for Ages 6 - 10 With Shannon

Recreation Star Center 1170 Shippan Ave

Friday, January 19, 2024- Sess. 1

Friday, February 23, 2024 - Sess. 2

6:00PM - 7:30PM

\$14.00 per child per session / Includes snacks

The Zumba® Kids glow party with Shannon is the ultimate dance-fitness party for young Zumba fans ages 6-9, where they can play it loud and rock with friends to their own rules! This program features age-appropriate music and moves that get kids movin' to the beat. It's all about feeling fearless on the dance floor, reinforcing the idea that it's okay to just be yourself and dance like no one's watching! **Wear white or neon colors so you will glow!!!**



After School Club at the Star Center (Gr. K-5)

Recreation Star Center, 1170 Shippan Ave

September 2023 - June 2024

Monday - Friday

2:45PM- 6:00PM/ **12:30pm start on half days**

Director: Ms. Erica

Fee: **3 days a week:** \$205.00 per month

4 days a week: \$235.00 per month

5 days a week: \$260.00 per month

Stamford Recreation will be offering an After School Program for Children Grades K - 5 at the Recreation Star Center located at 1170 Shippan Avenue. Gym time, playground and out-door time, arts and crafts, video game time and home work time (each day except on Fridays). Transportation provided by the Stamford Board of Education to the After School Club at the Star Center for the Catholic Elements School, Charter School of Excellence, and all Stamford Public Schools BOE. You must arrange for transportation through the BOE at your child's/children school ahead of time. We will follow all OEC and CDC guide lines at the start of the school year. Space is limited each month! We follow the Stamford Public School Calendar and will be open on all half days. **Call 203-977-5214 about available spaces that may have opened up.** Register online at www.stamfordrecreation.com

Youth Afterschool Programs

Cooking Around the World (Gr. K-2)

Recreation Star Center, 1170 Shippan Ave

January 9 - February 27 (No class 2/20)

Tuesday

4:15PM - 5:30PM

\$110.00 for 7 Weeks

Includes all supplies

Instructors: Ms. Nancy, Mighty Makers

Grab your passports and let's GO! (safety of course!)

Each week we'll "travel" to an exciting country and make a tasty dish native to its land. This is a fully hands on class where our chefs will not only learn about cooking techniques and the foods we're using, but also a bit about the country we're "visiting".

Should your child have an allergy, please contact us prior to registering. Thank you!



Gymnastics For Youth (Ages 5-7)

Recreation Star Center, 1170 Shippan Ave

January 8 - March 11 (1/15 & 2/19)

Monday

4:45PM - 5:30PM

\$221.00 per student for 8 weeks

Taught By Certified Gym on Wheels Staff

The GYM ON WHEELS program incorporates stretching exercise, aerobics to music, gymnastic skills, energetic games and lots of fun to bring your children a high energy, motivating self-esteem building & nurturing atmosphere. Some of the equipment they will be working on are the balance beam, parallel bars, obstacle course and the importance of team work and much more.





Youth & Teen Art Programs

Easel Painting Class (Ages 7-13)

Recreation Star Center, 1170 Shippan Ave
January 8 - March 18 (No class 1/15 & 2/19)
Monday
4:00PM - 5:00PM
\$218.00 per person for 9 weeks/ Includes all material
Instructor: JoAnne Claybourne

Paint like the Masters! Paint, Draw & More! presents another fantastic art class. This fun class will give students experience with acrylic paints and teach brush techniques, color theory, color mixing that allow your child to express their creativity in the best way possible. Students are encouraged to problem solve and add their own unique ideas to their paintings. Their accomplishments help build self-esteem as they blossom and grow their own artistic style. **Jo-Ann T. Claybourne**, a CT native, attended the School of Visual Arts in NY, NY where she expanded her experience in sketching, drawing, painting and mixed media. Jo-Ann is gifted with the vision to create exciting pieces of artwork using different media. She enjoys exploring her creativity to it's fullest.

Art & You For Grades K-2

Recreation Star Center, 1170 Shippan Ave
January 9 - March 5 (No class 2/20)
Tuesday
4:15PM - 5:15PM
\$120.00 per child for eight weeks
Instructor: Lori Federico, Artist



The best way to experience art is to dive in and create! Kids will be working in different mediums, drawing from stories, nature, and the world around them, hands and minds are coordinated in explorations with various tools, processes, and media. Children will be able to explore new ideas, develop their own artistic language, and make art in an environment that fosters creativity, offers comfort, and is accepting of everyone.

Artful Touch (Gr. 1 - 3)

Recreation Star Center, 1170 Shippan Ave
January 13 - March 9 (No class 2/17)
Saturday
11:15AM - 12:15PM
\$120.00 per child for eight weeks Instructor: Lori Federico, Artist

Inspiration comes from sculpture, drawing, painting, to inspire creativity and play. Storytelling, ideas, feelings, and experiences can be communicated using techniques and processes to foster creativity and collaboration. Children will be able to recognize how shapes create art and their association with everyday objects. By this understanding children will be able to create their own works of art and be able to differentiate between two and three dimensional space.

Paint Draw & More Mixed Media Drawing Class (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave
January 10 - March 6
Wednesday
4:00PM - 5:00PM (Ages 5 -8) - **Sess. 1**
5:00PM - 6:00PM (Ages 9 - 12) - **Sess. 2**
\$195.00 per person for 9 weeks/ Includes all material
Instructor: JoAnne Claybourne



Want to try all the mediums? In this class Jo-Ann will guide students through drawings that will be finished with a number of mediums and sometime two! Students will fine tune their recognition of shapes, improve their hand eye coordination, learn representational drawing techniques and build their individual drawing style. We will explore use of chalk and oil pastels, colored pencils, watercolors, pen and ink, water based pastels and collage. This class teaches the fundamentals of drawing to all ages, older students will improve on their existing knowledge. Our artists will practice perspective, shading, shape and color theory and learn all the tricks and tools to improve their drawings. Please join us for this informative and fun filled class!

Jo-Ann T. Claybourne, a CT native, attended the School of Visual Arts in NY, NY where she expanded her experience in sketching, drawing, painting and mixed media. Jo-Ann is gifted with the vision to create exciting pieces of artwork using different media. She enjoys exploring her creativity to it's fullest. Her commitment to explore her heritage has won her not only regional acclaim but also the attention of national collectors.

Artistic Adventures For Home School Children (Ages 6-10) - New

Recreation Star Center, 1170 Shippan Ave
January 11 - February 29
Thursday
2:00PM - 3:00PM
\$120.00 per child for eight weeks
Instructor: Lori Federico, Artist



Focus will be on developing skills in painting, drawing, mixed media, and more. From Henri Matisse to Georgia O'Keefe we'll take our inspiration from the masters and through fun projects we'll explore the elements of art through Line, Value, Color, Space, Shape, Form, and Texture. As a result of persistence, reflection, and evaluation, original work will be refined. The students will explore, communicate & evaluate the meaning conveyed by works of art for both the observer and creator.





Youth Sports & Art Programs

Indoor Gaga Ball Program (Gr. 2 - 4) - New

Recreation Star Center, 1170 Shippan Ave

January 17 - March 6

Wednesday

4:15PM - 5:15PM

\$80.00 per student for 8 weeks

Instructor: Recreation Staff

Gaga is a fast paced, high energy sport played in an octagonal pit.

The more players the better! Dubbed a kinder gentler version of dodge ball, the game is played with a soft foam ball, and combines the skills of dodging, striking, running, and jumping, while trying to hit opponents with a ball below the knees. Players need to keep moving to avoid getting hit by the ball. Fun & easy, and everyone gets a workout! **For Boys and Girls!**

All Stars Indoor Soccer (Gr.1-2)

Recreation Star Center, 1170 Shippan Ave

January 12 - March 8 (No class 2/16)

Friday

4:15PM - 5:15PM

\$80.00 per student for eight weeks

Instructor: Recreation Staff

This class is designed to perfect basic skills such as dribbling, passing and shooting. Participants will also play a mini game each week. Emphasis will be on fun & sportsmanship in a relaxing environment. **For boys and girls.**



Little Hoopsters Basketball (Gr. 1 - 2)

Recreation Star Center, 1170 Shippan Ave

January 9 - March 5 (No class 2/20)

Tuesday

4:15PM - 5:15PM

\$80.00 per student for 8 weeks

Instructor: Recreation Staff

Instruction in fundamentals of basketball with emphasis on sportsmanship and enthusiasm for the sport. Students will learn the basic skills, fundamentals and techniques of the game. We will work on dribbling, shooting, rebounding and more. Each week we will also play games to end the class.

For Boys and Girls!



The Joy of Journaling (Gr. 3 - 5) - New

Recreation Star Center, 1170 Shippan Ave

January 11 - February 29

Thursday

4:15PM - 5:15PM

\$120.00 per child for eight weeks

Instructor: Lori Federico, Artist

Have you always wanted to add some creativity to your journal? Use crayons, colored pens and pencils, markers, stickers, magazine pictures, drawings, photos and more to jazz up your journal. Make fun pockets, folds and secret hiding places. You're more likely to enjoy your writing experience by keeping your journal creative and fun. Bring a journal or create one of your own.



Beginning Jewelry Making

(Gr. 2 - 4) - New

Recreation Star Center, 1170 Shippan Ave

January 13 - March 9 (No class 2/17)

Saturday

10:00AM - 11:00AM

\$120.00 per child for eight weeks

Instructor: Lori Federico, Artist

Children will craft their own charms and beads using sculpey clay, air dry clay & paper. These one-of-a-kind unique beads employs a simple and fun process for kids enhancing fine motor skills and creativity. A variety of beads can be combined to make an assortment of fun creations.



Mighty Hoops (Gr. 3 - 4)

Recreation Star Center, 1170 Shippan Ave

January 18 - March 7

Thursday

4:15PM 5:15PM

\$80.00 per student for 8 weeks

Instructor: Recreation Staff

Learn the basic basketball skills: teamwork, shooting, passing, defense, offense & dribbling This is a fun stress free program for your child/children to enjoy each week and is **for boys & girls**



THUNDERCATS Dodgeball Program (Gr.1-3)

Recreation Star Center, 1170 Shippan Ave

January 13 - February 24 (No class 2/17)

Saturday

12:35PM - 1:35PM

\$60.00 per student for 6 weeks

Instructor: Recreation Staff

Gator skin safety balls will be used to ensure safety and fun. This program will consist of different dodgeball related games, such as: Doctor, Bombardment, Jail Break games/activities. Focus will be to get participants active, exercising, and having fun through our unique dodgeball games/activities. **For boys & girls**





Youth & Teen Programs

Eagles of Stamford Soccer Academy (Ages 5-13) WINTER SOCCER DEVELOPMENT PROGRAM

Lathon Wider Gym, 137 Henry Street

Tuesday-January 16-April 9

5:00pm-6:00pm/ages 6-7 - **Sess. 1**

6:00pm-7:00pm/ages 7-9 - **Sess. 2**

7:00pm-8:00pm/ages 10-12 -**Sess. 3**

\$195 per program

Friday-January 12-April 5

5:00pm-6:00pm/ages 5-6 - **Sess. 1**

6:00pm-7:00pm/ages 8-10 - **Sess. 2**

7:00pm-8:00pm/ages 11-13 - **Sess. 3**

\$195 per program

Instructors: Eddy, Rene (Certified Instructors)

Description: Soccer development program. At Eagles of Stamford, we create a fun, safe, and friendly environment that provides the necessary tools to enable each player to achieve success through motor skills as well as tactical learning while promoting physical fitness. We specialize in technical development, motor skill training, & small, sided games (rondos). **Please bring a bottle of water and size 3 or 4 soccer ball.**

PEAK PERFORMANCE DECEMBER BREAK ALL SPORTS CAMP

Lathon Wider Gym, 137 Henry Street, Stamford CT

Tuesday, December 26 through Friday, December 29, 2023

Half Days: 9:00AM - 12:30PM **Fee:** \$119 .00 per child

Full Days: - 9:00AM - 4:00PM **Fee:** \$199 per child

For Boys and Girls ages 5 - 14. This camp offers a combination of traditional sports games, like soccer, flag football, basketball, floor hockey, wiffleball (baseball), team handball, kickball, capture the flag, dodgeball, ga ga ball, survivor, cornhole, can jam, and MORE! **Full day campers will need to bring a snack, lunch and refillable water bottle, and half day campers only bring a snack and a water bottle. Registration is done via Stamford Recreation Website www.stamfordrecreation.com**

Star Center Half Day Program (Gr. K-5)

Recreation Star Center, 1170 Shippan Ave

Thursday, December 14 -**Sess. 1** Friday, December 14 - **Sess. 2**

Wednesday, January 31 - **Sess. 3** Wednesday, February 28 - **Sess.4**

12:30PM - 5:00PM

\$30.00 per child per session Instructor: Recreation Services Staff

This Half Day School program provides sports and recreational games designed to promote exercise, recreation,, and fun in a relaxed, yet structured environment. Participants will play a variety of games from traditional sports and gym class favorites. **Busing available by Stamford BOE to the Star Center!**

Youth & Teen Programs

Ski Bums Friday Night Program (Gr. 4 -9)

Where: Thunder Ridge Ski Area

When: Friday, January 5, 2024 - **Sess. 01**

Friday, January 19, 2024- **Sess. 02**

Friday, February 2, 2024 - **Sess. 03**

Friday, February 23, 2024 - **Sess. 04**

Departure: 4:00PM from the Government Center

Return: 10:00PM at the Government Center Lobby

Fee: \$40.00 per trip for lift ticket & transportation per trip

\$38.00 per person extra for ski rentals per trip

\$50.00 per person extra for ski lessons per trip

Description: Back this winter by popular demand for the fourteenth season! This Friday night ski program is open to students grades 4 through 9 and will be offered on four Friday evenings this winter. We will travel to Thunder Ridge Ski Area in Patterson New York to enjoy an evening of skiing and/or snow boarding. If your child does not know how to ski or they just want to brush up on their skills, lessons are available. Ski rentals are also available. Students can pack a meal for each trip or bring spending money and enjoy dinner at the ski lodge. What a great way for your child to spend a Friday night with friends! We travel by Coach Bus with a movie each way. If a trip is canceled due to poor weather conditions we will try to reschedule for another date. **Registration Begins November 1st, 2023!**

Chess Wizards (Gr. 1-5) In Person Chess Club

Recreation Star Center ,1170 Shippan Ave

January 13 - March 9 (No class 2/17)

Saturdays

9:30AM - 10:30AM

\$195.00 per child for 8 weeks

Instructor: Certified Chess Wizard Staff

Chess Wizards is a premier chess education company providing fun, informative, and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student would have had the chance to participate in a mini-chess tournament.



Valentines Day Make & Take with Mighty Makers (Gr. 1-3)

Recreation Star Center ,1170 Shippan Ave

Thursday, February 8, 2024

4:15PM - 5:30PM

\$30.00 per child / includes all materials

Instructor: Nancy Ferullo, Mighty Makers Instructor

Come join the fun as we make and decorate festive and yummy Valentine treats! As our treats are baking, we'll create and decorate cards to celebrate and share the love of this special and oh so fun holiday! **Max of 8 students!**





Youth & Teen Educational Programs

CYBERCRAWLER ROBOT (Ages 7 - 11) - New

Recreation Star Center, 1170 Shippan Ave

January 23 - March 5 (No class 2/20)

Tuesday

4:15PM - 5:15PM

\$160.00 per child for six weeks

Instructor: Minds in Motion Staff

Build and take home your very own CyberCrawler Robot! This smart coding robotics kit entertains and teaches programming skills to inquisitive young future robotic engineers! With the aid of your instructor, you will each assemble your own robot that consists of 76 pieces. Once completed, a simple press-button programming keypad embedded on its cranium will send your CyberCrawler on its way! You can design obstacles and maze courses with your classmates and see how far you can go. With a maximum storage capacity of 64 tasks, your CyberCrawler Robot will be a terrific starter tool to learn the joy of coding! This very cool robot's LEDs illuminate as it executes whatever you command. Come and join this fascinating and educational robotic experience!



Home School Open Gym Program (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave

January 10 - March 13 (No class 1/31 & 2/28)

Wednesday

1:30PM - 3:00PM

\$75.00 per student for 8 weeks

Instructor: Recreation Staff

This program is designed for home schooled children. Each week will consist of 30 minutes of fun structured games followed by 60 minutes of free play. **All participants must be preregistered for the program to participate.**

Science In Action Lab (Gr. 3 - 4)

Recreation Star Center, 1170 Shippan Ave

January 18 - February 22

Thursday

4:30PM - 5:30PM

\$192.00 per child for 6 weeks

Instructor: Mad Science Staff

Let's put **SCIENCE IN ACTION!** Just when you thought you knew everything about science, this lab will show you do **NOT!** We will use all different types of science tools to put interesting science concepts to the test & discover why things "break the rules"! This brand new, hands on, program will have you explore levitation, crazy slime, snap circuits, water-power, fizzy reactions, extreme forces and much, much more! Every student receives a lab coat, goggles, and specially designed **Mad Science take homes to help extended learning at home.**



New Science In A Nutshell (Ages 5-12)

Recreation Star Center, 1170 Shippan Ave

January 24 - February 21

Wednesday

4:00PM - 5:00PM

\$112.00 per child for 5 weeks

Instructor: CT Computer Education staff

Experiments and more experiments. This class involves experiments done in groups by children. All children will wear safety goggles during class. If you have your own you may bring them. If your child has any allergies please notify instructor. Some experiments include slime, perler beads, play dough, snow and various other experiments. Please bring a snack every day. **JANUARY 31ST CLASS MEETS 330-430pm.**

New Jr. Engineering With Friends (Ages 5-12)

Recreation Star Center, 1170 Shippan Ave

March 6 - April 3

Wednesday

4:00PM - 5:00PM

\$112.00 per child for 5 weeks

Instructor: CT Computer Education staff

If you have a learner who likes building things and figuring out how things work, they will love this class. Join us as we explore, investigate, & solve problems while we learn about the building blocks of engineering-simple machines. Students will work through building models that demonstrate mechanical and physical engineering. Projects may include: mini mechanical concept models, a dragon, scale, clown, crane, car, scale, fan and a merry-go-round. This class involves free building with over 10,000 choice bricks to choose from. No Lego's will be taken home. Note: **MARCH 20 & 27 CLASS MEETS 3:30PM-430PM due to half days at school.**



Winter Fun Stem (Gr. K - 2)

Recreation Star Center, 1170 Shippan Ave

January 20 - March 2 (No class 2/17)

Saturday

10:30am - 11:30am

\$192.00 per child for 6 weeks

Instructor: Mad Science Staff

This winter come mix up some crazy science in our Mad Science Lab! We will scientifically create snow, batter up some slime and discover all the colors and lights behind rainbows! Each week, we will dig deep into science and explore exciting topics such as creepy crawly bugs, the science behind magic and mysteries! Every class, students will receive specially designed take home activities to help extend learning at home!





Youth & Teen Music Programs

Piano Lessons with Mr. Fiorito Beginner to Early Intermediate

Recreation Star Center, 1170 Shippan Ave
January 11 - March 7
Thursday
4:00PM - 4:45PM
\$240.00 per student for 9 weeks
Instructor: Bob Fiorito



You will need a piano or keyboard at home to practice. For grades 4 & up / Gr. 3 & up if the student has completed our lower level group lessons. The basics of piano note & rhythm reading will be taught in this class, as well as, learning to play the piano correctly. **Max of 4 students per class.**

Group Piano Lessons I

For Beginners to Intermediate (Ages 6 - 14)

Recreation Star Center, 1170 Shippan Ave
January 9 - March 12 (No class 2/20)
Tuesday, & Wednesday
5:00PM - 5:45PM (All levels Tuesday (Ages 10-14) - **Sess. 1**
6:00PM - 6:45PM (All levels Tuesday (Ages 6 - 9) - **Sess. 2**
4:00M - 4:45PM (Beginner 1-Wednesday Ages 6 - 9) - **Sess. 3**
5:00PM -5:45PM (Beginner 2 - Wednesday / Ages 6 - 9) - **Sess. 4**
6:00PM - 6:45PM (Early Intermediate) -Wednesday(Ages 10-14)
\$240.00 per child for 9 weeks

Instructor: Bob Fiorito

This beginner program is a great way to introduce your child to the world of music. Unlike traditional piano instruction where students must plod through weeks of seemingly unrelated exercises, this program will have your child playing notes and music in no time at all. A book will be required and students should have a keyboard or piano at home to practice. **Max 4 per class.**

Group Guitar Lessons with Mr. Truglio For Students Grades 4 -9

Recreation Star Center, 1170 Shippan Ave
January 10 - March 6
Wednesday
Beginner Group - 5:15PM - 6:00PM - **Sess. 1**
Advanced Beginner/Intermediate - 6:00PM - 6:45PM - **Sess. 2**
\$220.00 per student for 9 weeks
Instructor: Anthony Truglio



Beginner Group: Introduction to guitar. For beginners and players with a little experience. Finger dexterity, reading, chords around the guitar is all part of this program. You must supply your own acoustic or electric guitar.

Advance Beginner/ Intermediate Group: Continued study of guitar techniques for students with 1 plus years of lessons. Music that is age appropriate will be used. You must supply your own acoustic or electric guitar. **Max of 4 students per class**

HOOP GIRLS “WHIRL THE WORLD” at Davenport, Stillmeadow Stark, & Star Center

Hoop Girls Grades K - 5

Davenport: Monday: January 8-March 11(Gr 1-4) **Beginners to intermediate level** -3:50PM - 4:50PM - \$150.00 per child - **Sess. 1**

Davenport: Wednesday: Jan 10- March 13 (Gr 2-4/returning 5th grades) **Intermediate/ advanced levels** -3:50PM -4:50PM
\$150.00 per child - **Sess. 2**

Stillmeadow: Tuesday: : January 9 - March 5(Gr.1 - 4)**All Levels/returning 5th graders** -2:45PM - 3:45PM- \$150.00 per child **Sess. 3**

Stark: Thursdays: January 11 - February 29 (Gr.1 - 4) **All Levels** - 3:50PM - 4:50PM - \$150.00 per child - **Sess. 4**

Star Center: Saturday: January 13 - March 9th (Gr K-3) **Beginner Class** - 1:45PM - 2:45PM - \$150.00 per child - **Sess. 5**

Instructor: Betty Kelly Camlin, Certified Instructor

OUR MOTTO IS “HOOP GIRLS WHIRL THE WORLD” With a big H - for **HAPPY** Hoop Girls will have a whirl of a time, getting happy and fit, while burning calories hooping it up to their favorite pop tunes using beautifully designed fitness hoops. **Hooping is a wonderful form of exercise, self expression, and creativity. It improves fitness, stamina, endurance, strengthens core and improves hand-eye co-ordination, proprioception, balance and motor skills. Hoop Girls is also a phenomenal stress reducer. Visit American Counsel on Exercise (ACE) for more benefits of Hula Hoop exercise. Opportunities to perform in parades, talent shows and more. Bring a water bottles SNEAKERS REQUIRED - NO BOOTS, FLIP FLOPS, Skirts, Dresses or CROCKS. MIN OF 12 MAX 16 REQUIRED TO HOST EACH SESSION. 8 week sessions dates do not include school holidays or half days.**



Tae Kwon Do With Mr. Wrigley

New Students/Beginner White Belt Tae Kwon Do For Youth with Mr. Wrigley (Ages 7 & Up)

Recreation Star Center, 1170 Shippan Ave
January 8 - March 25 (no class 2/19)
Monday & Wednesday

Students are expected to participate twice a week

5:45PM - 6:30PM

\$220.00 per child

Master Tim Wrigley, **6th Degree Black Belt**

Asst. Instructor: Mr. Lucas Tuccinardi, **4th Degree**

Asst. Instructor: Mr. AJ Tuccinardi, **4th Degree**

Taught safely with traditional values, Tae Kwon Do will help your child develop their physical coordination along with their concentration skills. Much more than learning the basic physical skills to defend themselves, Tae Kwon Do will help in all aspects of life, teaching respect for all things, giving them the positive influence and self confidence they will need to be successful at anything they do. Of course it is lot of fun to learn, and a good workout for our youth! Brand new students start out with the rank of "White Belt" and will work towards higher ranks (also indicated by color) which is designed to help them with goalsetting and obtain a sense of self achievement. A higher rank in Tae Kwon Do demonstrates a level of maturity and personal responsibility in the students. **Please Note:** All students that test for a promotion at the conclusion of the session **will be required to pay a \$40.00 testing fee.** Information will be passed out on how to pay the testing fee at the end of the winter session. **Max 10 students.**

Krav Maga Kids (KMX) (Ages 7-13)

Located: Break Thru Family Fit 4 life/ 48 Union St
January 8 - March 25

Monday, Wednesday, Friday & Sunday

5:00PM - 5:45PM- **Week Nights**

10:30AM - 11:15AM - **Sundays**

\$199.00 per student (two days per week) - **Sess. 1**

(Pick any two days)

\$249.00 per student **three days per week** - **Sess. 2**

Instructor: Tom Bacha & Kiberly Colletto

This is a unique kids version of the Israeli Self-Defense & Military Training System for ages 7-13. It uses drills & games to teach children life skills, Personal Protection. Discipline Focus Common Sense. Also Self-Confidence. Classes begin with a full 20 minutes of cardio drills (obstacle course, boot camp drills etc.), followed by realistic self-defense drills & end with Stranger Danger Awareness drills where flash cards are used to develop instinctive responses to dangerous situations.



Team Wrigley Tae Kwon Do For Youth Ages (7 & Up)

Recreation Star Center, 1170 Shippan Ave
January 8 - March 25 (No class 2/19 & 2/20)

Day & Time By Rank

Students are expected to participate twice a week

Yellow & Orange Belts (Beginner Rank):

Monday & Wednesday - 6:30PM-7:15PM

Green Belts & Blue Belts (Intermediate Rank):

Tuesday & Thursday- 5:45PM - 6:45PM

Red, Brown & Black (12 & under)

Tuesday & Thursday 6:45PM - 7:45PM

Black Belts and Green thru Brown(13 & Up)

Monday & Wednesday 7:15PM - 8:15PM

\$255.00 per child

Master Tim Wrigley, **6th Degree Black Belt**

Asst. Instructor: Mr. Lucas Tuccinardi, **4th Degree**

Asst. Instructor: Mr. AJ Tuccinardi, **4th Degree**

This Martial Art Program is intended for students having completed the beginner Tae Kwon Do Program or those children who may have had prior martial arts experience elsewhere*. Students enrolled who know the true benefit of Tae Kwon Do and how much fun it can be, will continue on their path to the eventual rank of Black Belt and beyond. Note that classes are separated by rank. Students can now Expect to develop to more advanced level Tae Kwon Do skills than they have ever achieved before. Returning students should enroll in the class time according to their rank. (*Students with prior martial experience elsewhere should enroll in "White, Yellow & Orange Belt" timeslot. A skill assessment of the student (during first week of classes) will be completed by the Instructor determine starting rank. **Please Note:** All students that test for a promotion at the conclusion of the session will be **required to pay a \$40.00 testing fee.** Information will be passed out on how to pay the testing fee at the end of the winter session.



Real Gym For Kids (Ages 7 & UP)

Break Thru Family Fit 4 Life, Union Street

January 8 - March 25

4:00PM - 6:00PM - **Mon. - Fri.**

9:00AM - 12:00PM - **Sat & Sun**

\$149.00 per student / Unlimited days

Instructor: Kimberly Colletto, ACE Certified Trainer

A one-of-a-kind kids' fitness circuit with 10-12 strength and cardio machines. A REAL GYM, the only one around, with Kid sized equipment. Kids learn the right way to work out independently & form good habits for life. Great for kids who don't like competitive sports & a good supplement for sports conditioning. Program is customized to each child based on his/her individual needs. **Only 15.00 dollars per week** for your child to feel good! **All students must call Break Through Fitness (203 - 355-9395) for first time orientation.**





Youth & Teen Sports Programs

Youth Boxing Program (Gr. 6 - 10)

Located: Break Thru Family Fit For Life/ 48 Union Street

January - **Sess. 1**

February - **Sess. 2**

March - **Sess. 3**

Monday - Thursday - 4:00PM - 5:00PM

\$120.00 per 1month session/per student

Instructor: Jesse Mendoza, **Certified Instructor**

Our Boxing Program offers a variety of classes which includes Boxing Technique, Strength Training and High Intensity Interval Training. Why choose boxing? Our Boxing Program creates a challenge both physically and mentally which offers many health benefits for all ages and fitness levels. Boxing is the perfect choice for anyone interested in a different type of workout, learning self - defense, losing weight, building confidence, seeking a positive life.

CT SPORTS NETWORK, Volleyball Clinics

Lathon Wider Gym, 137 Henry Street

Wednesdays

January 10 - February 7 **Session 1**

February 28 - March 27 - **Session 2**

4:30pm - 5:30pm (6-8 grade) - **Sec. 1**

5:30pm - 6:30pm (3-5 grade) - **Sec. 2**

6:30pm - 7:30pm (9-12 grade) - **Sec. 3**

\$125.00 per session per student

The clinics are open to both new and experienced players and our master coaches will focus on teaching skills, rotations, game scenarios and the rules of the game in a fun filled environment. We will hold three separate clinics, to allow for maximum developmental opportunities for players in 2nd grade through to HS seniors. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN! All participants should have athletic shoes, water and you may also wish to bring your knee pads as well.



CT SPORTS NETWORK, Multi Sport 'School's Out' Camp (Ages 7 - 11)

Lathon Wider Gym, 137 Henry Street

Friday, February 16th & Tuesday 20th, 2024

Option 1: 9:00am - 3:00pm **Option 2:** 9:00am - 11:45am

Option 3: 12:15pm - 3:00pm

\$180 (Full day option) per student

\$90 (half day option) per student

February Break and the Kids are off from school. Keep the kids active with our School's Out Day Camp. CT Sports Network will be holding a multi-sport camp in which the campers will experience a variety of sports such as golf, soccer, basketball, volleyball etc. There may also be some additional "new sports" that you may never have seen or played before! We would like the kids to participate in several sports, we will spend the majority of the time playing in realistic game situations while also meeting new friends within our safe and fun camp environment. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork, and most of all, FUN! **All campers should have athletic shoes, plenty of water, lunch (full day participants only) and a snack.**

CT SPORTS NETWORK Multi Sport Clinics

Lathon Wider Gym, 137 Henry Street

Mondays

January 8 - February 12 - **Session 1** (No Class January 15)

February 26- March 25 - **Session 2**

5:00pm - 6:00pm (2-4 grade) - **Sec. 1**

6:00pm - 7:00pm (5-8 grade) - **Sec. 2**

\$125.00 per session per child

This winter CT Sports Network will be running a variety of different sports on a weekly basis allowing participants a chance to learn new sports or play one of their favorite sports. Coaches will provide a short sport introduction and coaching practice before getting down to play in small sided scrimmages. We want the kids to enjoy as much play time as possible as they experiment with a variety of sports. Our staff will strive to provide the best experience for each player while allowing the kids to learn in a FUN environment

CT SOCCER NETWORK, Winter Soccer Clinics

Lathon Wider Gym, 137 Henry Street

Thursdays

January 11 - February 8 - **Session 1**

February 29 - March 28 - **Session 2**

3:30pm- 4:20pm (6-8 grade) - **Sec. 1**

4:20pm - 5:10pm (K-2 grade) - **Sec. 2**

5:10pm - 6:00pm (3-5 grade) - **Sec. 3**

\$120.00 per session per student

CT Soccer Network, led by UEFA A licensed ex Manchester United and Atletico Madrid coach, Rich Sutherland will be running winter soccer clinics for players in Kinder through 8th grade. The coaches will be adhering to an age-specific curriculum that has been designed through many years of work in Europe, Asia and the USA. Sessions will include hundreds (if not thousands) of touches on the ball while encouraging the players to develop within a holistic environment. Using a ball each as often as possible, the players will evolve through repetition and FUN based sessions. Classes will challenge the players individually and as a group on a weekly basis. Skills taught throughout the winter will cover dribbling including 1v1 skills & moves, passing, 1st touch & control and shooting .



Intro Tennis Lessons Indoors (Ages 5 - 8)

Where: Recreation Star Center, 1170 Shippan Ave

March 23 - May 4 (No class 4/20)

11:45AM - 12:30PM - **Session 1**

12:45PM- 1:30PM - **Session 2**

\$105.00 per child for 6 weeks

Instructor: GSTA Instructors

The Greater Stamford Tennis Association and Stamford Recreation Services is offering a 6 week introductory tennis program for kids age 5-8. The classes will feature age appropriate tennis equipment (shorter racquets, foam and low compression tennis balls) on short tennis courts. Racquets & Balls will be provided for classes. **Max of 14 per class.**



Winter 2024 Youth Aquatics Swim Lessons

Location: Westhill High School Pool, 125 Roxbury Road, Stamford, CT

Fee: \$140 (8 Youth Classes per Session)

Fee: \$65 (Adult Water Aerobics 6 Classes)

TUESDAYS

Dates: 1/9 thru 3/5

No class 2/20

Level 1- 6:00PM -6:30PM

Level 1- 6:30PM-7:00PM

Level 2- 7:00PM -7:30PM

Level 3- 7:30PM -8:00PM

*Adult W.A.- 8:00-8:30

*Adult W.A Dates: 1/23 thru

WEDNESDAYS

Dates: 1/10 thru 2/28

Level 1-6:00PM-6:30PM

Level 1-6:30PM-7:00PM

Level 2 -7:00PM-7:30PM

Level 3-7:30PM-8:00PM

Level 4-8:00PM-8:30PM

THURSDAYS

Dates: 1/11 thru 2/29

Level 1-6:00PM -6:30PM

Level 2-6:30PM -7:00PM

Level 3-7:00PM -7:30PM

Level 4-7:30PM -8:00PM

Level 5-8:00PM -8:30PM

Swim Class Level Descriptions

Level One: An introduction to water skills that helps children become comfortable in the water while learning basic water/safety skills. The class helps children learn to back float, and swim on their stomachs with their face in the water. We introduce combined arm and leg swimming action, and encourage confidence in independent swimming. **The child must be able to voluntarily get in the water, and put face in the water to participate in the class.**

Level Two: Building off of the Level One class, we introduce fundamental skills such as floating for longer periods of time without assistance, front and back gliding, and rolling from front to back for safe swimming. Kids are encouraged to swim on their own with minimal help. During the course of the class we cover, flutter kicking with pointed toes, streamline positioning, independent swimming on front/back, and much more.

The child must be able to back float without assistance, put face in the water while blowing bubbles, and be able to voluntarily swim on front and back with minimal assistance.

Level Three: The children focus on coordinating arm and leg movements, and improving skills covered in Level Two, such as independent swimming on front and back. We introduce the elementary backstroke, breaststroke kick, swimming in the deep end of the pool and much more. **The child must be able to swim 10 meters on their front/back without assistance. Child must also be able to breathe out while face is in the water, breathe in while face is out (perform rotary breathing).**

Level Four: Stroke improvement is occasionally held in the 12-foot deep side of the pool. Child will be in the water without assistance learning to tread water, perform open turns, and improve all learned strokes. Swimmers are trained to improve their swimming stamina by introducing parts of all six strokes. **The child must be comfortable swimming in 12 feet deep water for the entire class. Must also have knowledge of side breathing, front crawl, back crawl, elementary backstroke, and be able to do a kneeling dive with minimal assistance.**

Level Five: This is the Stroke Refinement class level class we offer. This class works on swimming laps, perfecting stroke technique, and preparing children for competitive swim. In addition, the class introduces circle swimming and swim team terms. **For this class, child must have knowledge of all 6 strokes and be able to swim continuous laps. Swimmers should have knowledge of diving as well.**

***Adult Water Aerobics: Mondays, 1/23 thru 3/6 (No Class 2/20)** Join Stamford Recreation for our NEW Adult Water Aerobics Class on Mondays from 8:00pm-8:30pm. This class will focus on aerobic endurance, resistance training, and creating an enjoyable and fun atmosphere with music. **The exercises are performed in water that is chest deep (4 feet) and no swimming skills are needed to participate.** Open to anyone aged 16+, and appropriate for all fitness levels. The water's resistance cushions your feet, knees and back so that you can achieve results with a low impact to your body.

Stamford Rec wants to hire YOU as one of our NEW lifeguards!!! For more info check out tinyurl.com/stamfordLG or email Jack Lyons, jlyons@stamfordct.gov



Youth & Teen Summer Positions

Counselor In Training Program For Teens Ages 14 - 15

The program is designed to train students to be future camp counselors. Students that are accepted into the program will work during the summer from 8:30AM - 3:00PM Monday through Friday and will be placed at one of our three large Day Camps. **All applicants must be 14 by March 1, 2024 Applications will be available beginning January 3, 2024 on-line at www.stamfordrecreation.com** All candidates will be required to take & pass a written test to be eligible for an interview. Applications must be turned in on your test date. Students register for the test @www.stamfordrecreation.com The program is limited to 27 counselors in training. Interviews will begin after the test dates and students that qualify for an interview will be contacted. Interviewing for the position does not guarantee the applicant a position in the program. Interviews will be held Monday through Thursday & afterschool from 2:00PM - 4:30PM only! The C.I.T program is not a paid position, but looks great on college applications. **However, if the applicant turns 15 years old by June 1st, 2024 he or she will be eligible to receive a \$500.00 stipend if they successfully complete the program. All candidates will be required to go through an interview to be selected.** For more information please call Dante Statum , Recreation Leader at 203-977-4644.

JC Test Date Information Test Dates:

Stamford Recreation Star Center, 1170 Shippan Ave

Friday, February 16, 2024 - 11:00AM - 11:45AM

Tuesday, February 20, 2024 - 2:30PM - 3:15PM

Note: If you are selected at the end of the process for this program, students **will not be permitted vacation days off during the summer. No exceptions!**

Summer Employment Opportunities With Stamford Parks & Recreation

Summer Camp Counselors: We are seeking individuals who are interested in having a fun and rewarding job this summer. We are hiring students age 16 and up to work in one of our 7 & 8 week camp programs. Applications will be accepted until positions fill and interviews will be held afterschool from 2:00pm - 4:00pm Monday through Friday. For more information or applying should contact Dante Statum, Recreation Leader at DStatum@stamfordct.gov Interested candidates can **down load** an applications for all summer positions at www.stamfordrecreation.com

Summer Aquatics Positions: We are currently hiring an Assistant Aquatics Director, Head Lifeguard, Lifeguards and swim Instructors for the summer beach and pool season. For more information and required qualifications contact Mgearhart@stamfordct.gov or Jlyons@stamfordct.gov Interested candidates can for any summer positions will be able to down load applications at www.stamfordrecreation.com



Youth Special Events

Cornhole Kids Tournament (Gr.2 - 4)

Recreation Star Center, 1170 Shippan Ave

Friday, March 8, 2024

6:00PM - 8:00PM

\$18.00 per person/ includes prizes and snacks

Instructor: Recreation Staff

Cornhole is a **game in which players take turns throwing small bags filled with dried corn at a raised platform with a hole in the far end.** Getting the bag in the hole scores three points and landing one on the platform scores one point. The game is won when one player or team scores 21 points. Students will be broken up into teams and prizes will be given for the winners throughout the night. Snacks and Beverages will be supplied.



Santa Calls 2023



Santa Calls! Once again this holiday season, children ages 3-8 can receive a personal call from Santa Claus. All calls from the North Pole will be made on Tuesday, December 12 & Wednesday, December 13 2023 from 5:30PM - 7:30PM. This program is free for Stamford residents and **NO LONG DISTANCE CALLS** from Stamford will be made! **This program is only a phone call from Santa and no gifts are supplied.** Please also remember that Santa will place the call. North Pole operators will not accept calls from your child/children. **To have your child receive a call, please download a form from our website www.stamfordrecreation.com or pick one up at the recreation office.** Forms must be received by December 11 at 12:00PM at the Recreation Services Office & are available on our website www.stamfordrecreation.com **They can also be faxed to 203-977-5504 or emailed to Dstatum@stamfordct.gov.** For more information, please call Santa's helpers at 203-977-5214

Youth & Teen Educational Programs

Scratch Coding Program (Ages 8 - 12) - New

Recreation Star Center, 1170 Shippan Ave
January 8 - March 18 (No class 2/19)

Monday

6:00PM - 7:00PM

\$200.00 per student for 10 weeks

Instructor: Concorde Education Staff

he next program in the coding hierarchy is Scratch. Intended as a gateway to programming for children ages 8 through 16. Scratch and Scratch Jr are easy to use and provides students an introduction to the art and philosophy of coding. Students will think critically to design projects and solve problems that arise along the way.

Weekly Take Home Artifact: Students will be able to show the progress of the game or program they are developing.

Minimum Technology Requirements : All participants must have Chromebook or Ipad for the program.



Video Game Development (Ages 9 - 13) - New

Recreation Star Center, 1170 Shippan Ave

January 11 - March 14

Thursday

6:00PM - 7:00PM

\$200.00 per student for 10 weeks

Instructor: Concorde Education Staff

Learn the frontend and backend of mobile game and app development! Students create games in Blockly with the MIT App Inventor and gain an understanding of game design. Concorde Education instructors guide students as they create simple games like Mole Mash, Galaga, and build up to more challenging and original games. This course is perfect for someone looking to begin their computer programming journey.

Weekly Take Home Artifact - Students will be able to show progress on the video game they are developing

Minimum Technology Requirements : All participants must have Chromebook or Ipad, 3 D Printer for the program.



Adult Programs & Trips

Krav Maga Adults (KMX)

Break Thru Family Fit 4 life, 48 Union St.

January 8 - March 15

6:30PM - 7:30PM - **Mon, Tues & Thurs**

10:30AM - 11:30AM - **Saturday**

11:15AM - 12:15PM - **Sunday**

\$249.00 per person for 10 weeks unlimited

Instructor: Tom Bacha

Krav Maga is the official Self-Defense and Fighting System of the Israeli Defense Forces and various police departments through the United States. This highly effective easy to learn system of Self-defense is offered for men/women of all ages & skill levels!

Mohegan Sun Trip

March 9, 2024

Saturday

Depart Government Center Lobby at 8:00AM

Return: Government Center Lobby at 6:00PM

\$40.00 per person per trip/includes drivers tip

Come let us do the driving and enjoy a day at the Mohegan Sun Casino. Try your luck at the hundreds of table games, novelty games, keno and slot machines. Enjoy a day of great entertainment and food



Women's Only Gym

Break Thru Family Fit For Life, 48 Union St.

January 8 - March 15

7:00AM- 9:00PM- **Mon-Fri.**

7:00AM- 3:00PM- **Sat.& Sun.**

\$125.00 per person for 10 weeks / Unlimited days

Instructors: Personal Trainer: Kimberly Colletto

Intimidated by free weights? Don't like large gyms? Hate the crowds? This easy 30-minute workout combines cardiovascular exercise and strength training utilizing machines designed specifically for women. A staff personal trainer will get you started with a fitness evaluation, equipment instructions and help you establish goals. **Break**

Thru to a new you!!!



Stamford Recreation Pickleball

For all pickleball class & clinic information please visit our website, www.stamfordrecreation.com.



Winter Ice Skating Programs at TERRY CONNERS RINK

All Ice Skating is at Terry Connors Rink, 1125 Cove Road located in Cove Island Park in Stamford. All Registration must be done directly with Terry Connors Rink. We do not have online registration but all forms are listed on our website - www.tcrink.com and can be emailed to terryconners@stamfordct.gov or called in to the rink office at (203)977-4728.

Terry Connors Rink offers Public Skating, Open Hockey, Freestyle Sessions, Hockey Programs, Birthday Parties, and hosts Events throughout the year. We are open all year round!



Public Skating Sessions

Our Public Skating is offered during weekdays and on the weekends. Please check our website for public skating hours at www.tcrink.com. We offer group rates for groups over 15 with a reservation. Our admission rates are Child U18 - \$8.00, Adults - \$10.00, Skate Rentals - \$4.00.

Open Hockey

TCR has Open Hockey Sessions for all ages year round. Please check our website for these sessions at www.tcrink.com. Admission rates are \$15.00. All skaters under the age of 17 must wear full equipment and adults must wear helmet and gloves. Bring your own pucks!

Freestyle Sessions

TCR offers Freestyle Sessions at \$18.00 per session. Please check our website for these sessions at www.tcrink.com. Freestyle sessions are for advanced skaters for practice and private lesson time. The Skating Club of Southern CT offers Freestyle Sessions on Tuesday afternoons from 3:50 to 4:50pm. You must be a member of the SCSC Club to either walk-on or subscribe to the Tuesday Ice Time. Club's website - www.skatescsc.com.

Birthday Parties

We offer parties during public skating at a reduced group price which includes admission, skate rentals and use of a party room. Food is not included in the price and must be purchased from the snack bar when operational. Our rates for parties are 150.00 for 20p and 15.00 for additional skaters

Multi Use Discounts

TCR offers multi use discounts for Stamford Residents for Public Skating, Freestyle, and Open Hockey Sessions. Discounts are 10 paid for 13 sessions. Please inquire and purchase at Rink Office.

Winter Group Skating Lessons

Ages 4 and up - All Levels

Beginners thru Freestyle Classes

Dates: Nov. 2 thru Jan. 6, 2024 (8 weeks)

Jan. 25 thru March 16, 2024 (8 weeks)

Our group lessons are offered on Thursdays or Saturdays. Please check our website for specific times for your age and level. Basic 1 is for beginners aged 6 and above and Snowplow Sam 1 is for beginners 4 & 5. We offer all levels thru Basic 6 and all Freestyle levels and have Specialty Classes including Intro to Synchro, Moves Classes, Advanced Freestyle, and Intro to Hockey. The Intro to Hockey Class is for ages 4-10 who have passed Basic 2 and who can skate forward, backwards and stop. Registration is done thru Terry Connors Rink. Call Rink directly at 203-977-4728 to register. Our website is www.tcrink.com and our email address is terryconners@stamfordct.gov.

Fee for the 8 week cycle is 178.00.

TCR Programs & Ice Rentals

Terry Connors Ice Rink, located in beautiful Cove Island Park has served the skaters of Stamford and its surrounding neighbors since 1973. The Rink is owned and operated by the City of Stamford, offering affordable hockey, figure skating, and basic skill lesson programs. TCR is home to Stamford Youth Hockey, Skating Club of Southern Connecticut, Terry Connors Synchronized Skating, and Stamford/Westhill Boys and Girls High School Hockey.

For More Info on our Programs or to Register for the Learn to Skate Program, please call the Rink directly at

(203)977-4728