

City of Stamford
Mayor Caroline Simmons
Stamford Parks & Recreation
Spring & Summer Brochure 2024



Phone: (203) 977-5214 Fax: (203) 977-5504

888 Washington Blvd, 6th Floor www.stamfordrecreation.com

Registration for Spring Programs /Summer Specialty Camps begins March 18, 2024

See Page 3 for Summer Day Camp Registration Dates



@stamfordrec

Welcome To Stamford Parks & Recreation

Department Staff:

Director of Parks & Recreation: Kevin Murray
Assist. Superintendent: Scott Kassouf
Assist. Superintendent: Megan Gearhart
Recreation Supervisor: Jack Lyons
Recreation Leader: Dante Statum
Customer Service Specialist: Tina Baines
Account Clerk II: Karla Parham

Parks & Recreation Commission

Chair Parks & Recreation Commission: Melanie Hollas
Parks & Recreation Commission: Angela Adetola
Parks & Recreation Commission: Michael Tedder
Parks & Recreation Commission: Paul Newman

Office Hours:

Monday - Friday - 8:30AM - 4:30PM
Summer Hours - 8:00AM - 4:00PM
Recreation Office located at 888 Washington Blvd.
OR On- line for residents by logging on to
www.stamfordrecreation.com **Registrations can only be paid by credit card on line with a Visa or Master card.**

Recreation Office Holidays:

Friday, March 29, 2024 - Good Friday
Monday, May 27, 2024 - Memorial Day
Wednesday, June 19, 2024 - Juneteenth
Thursday, July 4, 2024 - Independence Day

Fee Payment:

Instructors CANNOT accept registration at the class. Fees must be paid at the Recreation Services Office in advance or on-line. Payments may be made by cash, check and credit card only. Credit cards will be accepted at the Recreation Services Office, or on line with Visa and Master Card Only! You must be 16 years old to register for adult programs & 21 years of age for casino trips. All checks should be made payable to the City Of Stamford. If a check is returned to Recreation Services for any reason, a cash or money order payment of \$50.00 plus the face value of the check is required immediately.

Reduced Fee Policy:

With the Stamford Public School serving lunch to all students this school year the free and reduced lunch letters will not be available. If you have snap, you can receive a letter from the BOE for proof. If you do not have Snap, Parents must complete the Household Income Survey in their parent portal on the BOE website. This will provide proof of eligibility for the camp reduced fee and a copy of that survey form must be submitted at the time of registration. With out that document you will not qualify for the reduced rate at registration. There is also a maximum number of reduced fee slots available per program or camp.

Refund Policy:

Refunds shall be granted before a class begins for an incapacitating medical hardship with a doctor's note, relocation with documented proof or if a waiting list is available and the spot can be filled. Any approved refund will be granted minus a 15% processing fee, no exceptions! If we cancel a program for any reason, there will be a full refund with no processing fee. Any refund granted after a class begins shall be prorated in addition to the 15% processing fee. If false information is given on a registration form, the registration is null and void and there will be no refund.

Recreation Star Center:

The Stamford Recreation Star Center is located at 1170 Shippan Ave in Stamford. The Recreation Star Center is Open Monday through Saturday offering programs from preschool age through adults! **Registration for all programs held at the Star Center are done the Recreation Services Office located the Stamford Government Center or online.** If you have any questions please go to our website: www.stamfordrecreation.com or at **203-977-5214.**

Registration Procedure:

Stamford residents are given first priority to register for all programs. Non-Residents may register for programs on an availability basis one week prior to the start of the program with a \$10.00 surcharge. This does not apply to athletic leagues which have separate eligibility polices. Registrations are not accepted at any of our programs & must be done in advance at the Recreation Office or ONLINE. **Payments cannot be made at The Recreation Star Center!** The Stamford Recreation Star Center is located at 1170 Shippan Ave in Stamford. The Star Recreation Star Center is Open Monday through Saturday offering programs from preschool age through adults! Registration for all programs held at the Star Center are done the Recreation Services Office located the Stamford Government Center or online. If you have any questions please go to our website: www.stamfordrecreation.com or at **203-977-5214.**



Registration begins for most Spring /Summer Programs on March 18, 2024 Some marked programs begin earlier registration online!

**In Person Registration is Done By Appointment Only!
See Page 3 For Summer Day Camp
Registration Dates!**

Important Summer Camp Information

Registration Dates for Day Camps, Activity & Playground Programs & Preschool Camp 2024

Please update your on-line account before camp registration begins. Full pay registration will be 100% online this year. **Anyone registering a 5/6 year old that is currently in Kindergarten must supply a copy of the child's birth certificate and the child's report card to the recreation office within 24 hours of registering.** The documents can be faxed (203)977-5504, emailed (stamfordrecreation@stamfordct.gov). **If we do not receive the camp registration form (each child) & documents with-in 24 hours, you will lose your spot in the camp and be refunded your payment!** Finally, if your child has an IEP or 504 plan and you agree to supply us with copy after you register, we can better accommodate your child's needs. This will allow us to give them the best possible camp experience this summer. **Also, please note we cannot control how fast camps will fill up online and once all of the spots have been filled a waiting list will be taken. Registration is on a first come first serve basis online and registration begins at 8:30AM!**

Full Pay Registration for Day Camps, Playground & Activity Programs begin online only Monday March 11, 2024 at 8:30AM!

Heroy Day Camp – 110 spots available online
Davenport Day Camp – 95 spots available online
Star Center Day Camp – 70 spots available on-line
Roxbury Day Camp (Formally Westover Day Camp) – 75 spots available online
Newfield Activity Program – 95 Spots available online
Barrett Outdoor Adventure Program – 50 spots available online

**IMPORTANT
NOTICE**

Registration Information for Reduced Fee Camp Spots

If your child/children qualify for the Reduced Fee, you will be required to call the recreation office to reserve a time slot to register in person at the Recreation Office located on the 6th floor Government Center. The appointment does not secure a camp spot until you come in to register and make the payment. If you do not come in at your scheduled time and date, you must call to make another appointment. Registration appointments are on a first come first served basis! **Parents that would normally qualify for the reduced fee will need to complete the Household Income Survey in your parent portal on the Board of Education website. This will replace the free & reduced letter and the eligibility letter you will receive determines if you qualify for the reduced fee.**

Listed below are the required documents you must bring to register your child/children on your appointment date:

1. Completed Registration Form for the camp site you are registering for. (**Camp forms on our website**)
2. If your child is ages 5/6 & currently in kindergarten, a copy of their birth certificate must be presented at registration.
3. Copy of the Eligibility Letter for the reduced fee you received from the BOE **that we will keep.**
4. Payment of Cash, Check or Credit Card
5. If your child has a 504 or an IEP Plan and you agree to supply us with a copy so we can better accommodate your child's needs at camp.
6. Copy of the child's report card from the school they are attending for proof they are currently in kindergarten.

Please call 203-977-5214 beginning March 4, 2024 to make an appointment to register. Registration appointments start March 18, 2024 Monday - 9:00am to 3:00PM.

Available Reduced Fee Spots – Must make an appointment to register in person

Heroy Day Camp – 20 spots available
Davenport Day Camp – 65 spots available
Star Center Day Camp – 60 spots available
Roxbury Day Camp (formally Westover Day Camp) – 75 spots available
Newfield Activity Program – 65 Spots available
Barrett Outdoor Adventure Program – 40 spots available

VERY IMPORTANT

Preschool Summer Camp at Roxbury – Registration by Appointment Only In Person

No on-line registration for this camp and a copy of the child's Birth Certificate is required at registration! The Recreation Office is located in the Government Center. If you are interested in registering you child for the preschool camp you will need to call the recreation office and set up a time and date to come in and register. **Registration will begin the Monday, March 18, 2024 for this summer camp.** Please call 203-977-5214 to set up an appointment to register for the Tiny Tots Camp.



Stay and Play Preschool 2024-25

Recreation Star Center, 1170 Shippan Ave

September 2024 – June 2025 (Following Stamford Public School Calendar)

Tuesday Wednesday & Thursday – 3 year old program – Sess. 01

Tuesday, Wednesday, Thursday & Friday – 4 year old program – Sess. 02

Time: 9:15AM – 12:15PM

\$4,200.00 per year (3 Year olds / 3 times per week) **Can be paid in 4 payments of \$1,050.00**

\$5,500.00 per year (4 year olds / 4 times per week) **Can be paid in 4 payments of \$1,375.00**

A \$500.00 Non - refundable deposit is due at the time of registration & the deposit will be deducted from your final payment.

Registration is open until the program fills

Instructors: Beth Covino, **Preschool Instructor** & Victoria Eldridge, **Preschool Instructor**

Our exciting preschool program specifically designed for 3 and 4 year old's. Children will gain independence and self-confidence in our play based approach to early learning focused on socialization and cooperation. This hands on, active environment will encourage exploration and discovery. Activities will include creative expression, dramatic play, music and movement, large and small motor activities, early literacy, sensory activities, math readiness and outdoor play. We also offer a **“Lunch Bunch”** option for students two days a week that will extend the school day until 1:30pm on those assigned days. Families will be required to sign up on a monthly basis and pay in advance. This will begin in October 2024 and run through June 2025 for the four-year-old program.. The Lunch bunch will also be available to the three year olds starting in February 2025. **To schedule a visit call 203-977-5018 or @Skassouf@stamfordct.gov All students registering for the program must be 3 years old by October 1, 2024 to be eligible for the program but may be flexible!**



Preschool Programs

Play and Learn (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave

April 2 - June 5 (No class 4/6, 4/10, 4/17, 4/18 & 4/19)

Tuesday – 9:30AM – 11:00AM – **Sess. 1**

Wednesday – 10:00AM – 11:30AM – **Sess. 2**

Thursday – 9:30AM – 11:00AM – **Sess. 3**

Friday – 11:00AM – 12:30PM – **Sess. 4**

\$120.00 per child once a week for 8 weeks

Instructor: Jen Lupinacci

Play and Learn introduces your toddler to the experience of preschool with a caregiver. Our classroom will be set up with child-initiated activities. There will be centers to explore...play doh, painting and more. We will have a circle time with songs and stories. A snack will be provided. We will play in our spacious gym or ,weather permitting, outside on our playground. This will encourage movement and independence in a fun and safe environment. A great way for your child to continue to develop both fine and gross motor skills, learn about transitioning to the next activity and spatial awareness. **A caregiver and me program!**

Munchkin Sports & Games (Ages 2 - 3)

Recreation Star Center, 1170 Shippan Ave

April 5 - May 31 (No class 4/19)

Friday

10:00AM - 10:40AM

Fee: \$100.00 per child for 8 weeks

Instructors: Jen Lupinacci

Children will have lots of fun learning new games & sports each week. This program will allow children to work on their gross motor skills, learn the basics of team sports & give each child confidence while having fun. Creative movement exercise, soccer balls, basketball and games are just a few of the activities/sports we will cover. **A caregiver & me program!**



Hands On Science (Ages 2-4)

Recreation Star Center, 1170 Shippan Ave

April 3 - June (No class 4/10, 4/17 & 4/18)

Wednesday – 11:45AM – 12:25PM – **Sess. 1**

Thursday – 11:15AM – 11:55AM – **Sess. 2**

\$100.00 per child once a week for 8 weeks

Instructor: Jen Lupinacci

It's full STEM/STEAM ahead in this hands on class. We will explore something new every week-while applying simple scientific aspects that children can relate to. We will have a lot of fun with simple experiments and hands on exploring. The children will be allowed to help mix -stir and possibly EXPLODE our experiments! Themes may include dinosaurs, volcanoes, magnets, hibernation, space and more! **A caregiver & me program!**



Time To Play (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave

April 2 - May 28 (No class 4/16)

Tuesday

11:20AM – 12:00PM

Fee: \$100.00 per child for 8 weeks

Instructors: Jen Lupinacci

In this class the children will have time to play and explore our classroom! There will be weekly themed art activities offered as well as story time! Introductions of structured activities with simple step by step directions to help develop listening skills and how to follow basic patterns. **This is a caregiver and me class.**



Preschool Programs

Bonjour, Bébé! Mommy & Me French Adventure (Ages 3-5)

Recreation Star Center, 1170 Shippan Ave

April 11 - May 23 (No Class 4/18)

Thursday

11:00AM - 11:50AM

Fee: \$180.00 per child for six weeks

Instructors: Sylvie Lobsenz

Let's make learning French an absolute joy for both toddlers and their caregivers! Our carefully crafted program is specifically tailored to make your child first exposure to French an absolute delight. Baby and me French class is led by experienced and passionate instructors who will make sure that the parent and child have a blast while learning French. At Literakid, we aspire to create a supportive network where moms can connect with other new moms. Fostering a sense of community and friendship. Additionally, our programs aim to provide an enriching learning experience for children, helping them develop their French language skills and enhancing their social skills. Together you and your child will embark on an incredible language learning journey that will create unforgettable memories!



Soccer Tikes For Preschoolers (Ages 3 - 6)

Scalzi Park

April 27 - June 1

Saturday

9:00AM - 10:00AM (3 year olds) - **Sess. 1**

10:00AM - 11:00AM (3 - 4 year olds) - **Sess. 2**

11:00AM - 12:00PM (4 - 5 year olds) - **Sess. 3**

12:00PM - 1:00PM (5 - 6 year olds) - **Sess. 4**

\$125.00 per child per six week session

Kevin Fallon, Certified Soccer Instructor

At Soccer Tikes, we stress a non-competitive environment. This is a child development program for children. Classes are designed to develop motor skills, promote physical fitness, and create self-confidence. We also mix fun, skill development activities with actual small sided games. A great relaxing and fun way for you child to learn about soccer!



Pancakes With The Bunny

Star Recreation Center, 1170 Shippan Ave

March 23, 2024

Saturday

8:15AM - 9:15AM - **Seating 1**

9:45AM - 10:45AM - **Seating 2**

\$10.00 per person/ Max of 70 per seating

This event is designed for children ages 7 and under with guardian. Come join us for pancakes and orange juice for this Easter Event! Children will get the opportunity to sit with the Bunny and receive 5 filled Easter eggs and a small gift. Parents are welcome to take photos. Each child will also receive a raffle ticket for door prizes. **All participants must be preregistered and no tickets will be sold at the door.**

Tickets go on sale March 1, 2024 online only!



Preschool Gymnastics on Saturdays (Ages 2 - 4)

Recreation Star Center 1170 Shippan Ave

April 8th - June 10th (No class 4/15 & 5/27)

9:30am - 10:05am (Ages 2 - 3) - **Sess. 1**

10:15am - 10:50 AM (Ages 3- 4) - **Sess. 2**

Monday

\$221.00 per child per sessions for 8 weeks

Taught by Certified Gym On Wheels

The GYM ON WHEELS program will have your children tumbling, tucking, and jumping out of their shoes until their next encounter with us. This class will help your children develop fundamental gymnastics skills, while also teaching them skills in areas such as coordination, balance, agility, listening to instruction, and the importance of team work. We are Team USA Gymnastics team members. We teach children the basic skills used for pommel horse, high bars, balance beams, parallel bars, springboards, and much more....all while making sure you have fun!



Zumba With Yoga for Pre K Kids (Ages 3-5)

Recreation Star Center, 1170 Shippan Ave

March 15 - May 10 (No class 4/15)

Friday

10:30AM - 11:00AM

Fee: \$135.00 per child for seven weeks

Instructors: Betty Kelly Camlin, Certified Instructor

This is a fun age appropriate dance movement/fitness program using scarves, bells, shakers and more that ends with yoga, designed to give kids ages 3,4,5 a fun, healthy, happy and enjoyable experience. The program: enhances emotional development, social skills, cognitive skills, strengthens motor skills, rhythm by learning to move to the beat and improves flexibility and balance with Yoga. Lots of family/caregiver bonding through quality, fun time spent together as you move and grove together!!! Parents or caregivers are encouraged to participate (not mandatory) but must stay for class. **Registration begins March 1, 2024 for this program!**



Fun To Be Fit - Kiddie Boot Camp (Ages 3-5)

Recreation Star Center, 1170 Shippan Ave

March 15 - May 10 (No Class 4/15)

Friday

11:15AM - 11:45AM

Fee: \$180.00 per child for six weeks

Instructors: Betty Kelly Camlin, Certified Instructor

Does your Pre 3,4,5 year old like to run, jump, skip, hop and have fun? If they do they will love this class and you will too. The kids get to unleash their energy in a productive way and improve their fitness as they run, hop or jump through a variety of "fitness stations" guided by Ms. Betty to fun kid friendly music. We start with an aerobic warm up and we cool down with a Yoga stretch. Improve stamina, strength, social skills, self awareness, balance and coordination. 30 min classes Must wear sneakers and clothes meant for movement. Bring water bottle. Parents must stay in room during class **Registration begins March 1, 2024 for his program!**



Preschool Programs

Animal Explorers (Ages 3 - 4) - New

Recreation Star Center, 1170 Shippan Ave

April 22 - May 25

Monday - 9:30AM - 10:15AM - **Sess. 1**

Saturdays - 9:30AM - 10:15AM - **Sess. 2**

Fee: \$125.00 per child for 5 weeks per session

Instructors: **Snapology Staff**

The animals living in our backyards or in our towns are very different from the animals in other parts of the world. In **Snapology's Animal Explorers** class, students will learn where animals live and why an animal's habitat is important for survival. Through stories, games, and building animals with DUPLO blocks, your little learner will be busy exploring biomes of the world while gaining critical social & developmental skills without even realizing it!

Academic Enrichment:

- * Children will learn basic ecology through exploring how animals' habitats must provide water, food, & shelter in order for the animal to survive,
- * Children will practice making observations of physical characteristics.
- * Children will develop basic engineering & motor skills.



Junior Builders (Ages 4 - 5) - New

Recreation Star Center, 1170 Shippan Ave

April 22 - May 25

Monday - 10:30AM - 11:15AM - **Sess. 1**

Saturdays - 10:30AM - 11:15AM - **Sess. 2**

Fee: \$125.00 per child for 5 weeks per session

Instructors: **Snapology Staff**

Do your little learners love to tinker & create new things! If so, they're going to love **Snapology's Junior Builders** program. The program will give your student the opportunity to build functional models of amusement park rides, boats, ramps, cars & so much more using DUPLO blocks! As your learner works alongside other engineers, they will learn the importance of teamwork & how collaboration is an essential component of engineering & design. This program will introduce even the newest of students to a safe, collaborative, & creative classroom environment.

Academic Enrichment:

- * Children will build moving models that utilize gears, wheels, axles, cranes and more.
- * Through observation, prediction, & experimentation, children will test how modifying their models can result in unique outcomes.
- * Children will practice critical thinking, communication & collaboration skills.

USA Sport Group - Squirts Multi Sports (Ages 2.5 - 4.5)

Location: Scalzi Park, 97 Bridge Street

April 27 - June 8

Saturday

Fee: \$131.00 per child / per program

8:30am-9:10am/ Parent Assisted (Ages 2.5 - 3.9) - **Sess. 1**

9:10am-9:50am /Squirts (Ages 3 - 4.5) - **Sess. 2**

9:50am-10:30am/ Parent Assisted (Ages 2.5 - 3.9) - **Sess. 3**

10:30am-11:10am/ Squirts (Ages 3 - 4.5) - **Sess. 4**

Instructors: USA Sport Group Instructors

Parent Assisted Multi Sports Squirts Description: Open the door to a thrilling world of sport with this exciting program, paving the way for your child's exploration & development. Your child will experience a variety of sports, including Lacrosse, Soccer, T-Ball, Track & Field, all with the support and guidance of a parent. In addition to emphasizing the fundamentals of each sport, each activity is designed to improve hand-eye coordination, balance, agility, and movement. Classes will include a series of fun challenges, structured activities, and scrimmages adapted to ensure everyone achieves success.

Multi-Sports Class Highlights:

Development of fine motor skills · Play a variety of different sports · Fun sports-themed activities · Concept of being part of a team · Free Dri-Fit Shirt & completion certificate All equipment needed for this class will be provided by USA Sport Group.



Tiny Tots Preschool Camp This Summer

Once again this summer Stamford Parks & Recreation will be offering the Tiny Tots Camp for preschool children ages 3-5. Details about the camp are available on page 18 of the brochure. The camp program is run by **Beth Covino**, one of our Stay and Pay Preschool Teachers. Registration cannot be done online & you must register at the Recreation office on the 6th floor of the Government Center. **Appointments are needed for registering in person and can be done by calling 203-977-5214 starting March 4, 2024!**

All registrations for this summer camp must be done in person!



Star Center Pre-K & Youth Dance Programs

Tiny Tu-Tu's (Ages 2 - 4)

Recreation Center, 1170 Shippan Ave

April 1 - June 17 (No class 4/15, 4/17, 4/20 & 5/27)

Monday: (Ages 2-4) 11:00AM - 11:45AM - **Sess. 1**

Monday (Ages 2-4) 2:15PM - 3:00PM - **Sess. 2**

Wednesday (Ages 2-4) 2:30PM - 3:15PM - **Sess. 3**

Saturday: (Ages 2-4) 9:30AM - 10:15AM - **Sess. 4**

\$220.00 per child for 10 weeks per section

Instructor:

Ms. Alexandra - Monday & Wednesday

Ms. Debbie - Monday PM & Saturday

Get your Tu-Tu's out! It's time to twirl & leap to classical music. During this 45 minute class, your little dancer will learn basic ballet techniques as they move to the beautiful sounds of classical music. **Max of 10 children per class!** Please note the program is not a parent & me class, it is designed to promote dancer independence. **Parents will be required to wait outside the class.**

Pre-K Ballet

Recreation Star Center Dance Room

April 2 - June 15 (No class 4/16 & 4/20)

Tuesday: 2:30PM - 3:15PM - **Sess. 1**

Saturday: 11:30AM - 12:15PM - **Sess. 2**

\$220.00 per child per session for 10 weeks

Instructor: Ms. Debbie

In this 45 minute introductory dance class, our young dancers will be introduced to basic ballet vocabulary, while exploring movement and music in a creative way. We will use stories, imagination games and props like scarves, shakers, ribbons and Houla hoops to encourage movement. Students will also work on classroom skills such as following directions, listening and working with others. Girls: royal Blue leotards, pink tights & pink ballet shoes. Boys: White t-shirt, dark shoes or slippers & Black slippers. **Parents will be required to wait outside the class.**



Hip Hop/Funk (Gr. K - 6)

Recreation Star Center, 1170 Shippan Ave

April 2 - June 11 (No class 4/16)

Tuesday 3:30PM - 4:30PM (Gr. K - 3) - **Sess. 1**

Tuesday 4:30PM - 5:30PM (Gr. 4 - 6) - **Sess. 2**

\$220.00 for 10 weeks per section

Instructors: Ms. Debbie

This class is one hour fun filled class is for the person who loves to dance around the house. Why not take it to the beautiful Star Center and shine even brighter! Dress comfortably. Hip hop sneakers or Jazz shoes. **No street shoes.**

Fairytale Ballet

Recreation Star Center, 1170 Shippan Ave

April 3 - June 12 (No class 4/17)

Wednesday

3:30PM - 4:15PM (Ages 2-4) - **Sess. 1**

4:30PM - 5:30PM (Gr K-3) - **Sess. 2**

\$220.00 for 10 weeks

Instructor: Ms. Alexandra

In this class we will explore dance, poetry, and Fairytales. Skip through the enchanted forest, zip around like a dragonfly, and dance at the fancy ball. Dancers will hear a story or poem, practice technique, and dance out the story. Ballet attire required. **Parents will be required to wait outside the class.**



Dancing Stars (Ages 3 - 5)

Recreation Star Center, 1170 Shippan Ave

April 1 - June 17 (No class 4/15 & 5/27)

Monday

3:30PM - 4:15PM

\$220.00 for 10 weeks

Instructors: Ms. Debbie

This ballet class your dancer will reach for the stars! They will run, hop, skip and leap into the world of dance. Learning the basic positions in a fun and creative way. The program is not a parent and me class, it is designed to promote dancer independence. **Parents will be required to wait outside the class.**

Ballet for Children (Gr. K-3)

Recreation Star Center, 1170 Shippan Ave

April 1 - June 17 (No classes 4/15, 4/20 & 5/27)

Monday - 4:30PM - 5:30PM (Gr. K-3) - **Sess. 1**

Saturday - 10:30AM - 11:30AM (Gr. K-3) - **Sess. 2**

\$220.00 for 10 weeks

Instructors: Ms. Debbie

Ballet - The dancers will explore the great ballet stories as they learn technique. Waltz into class and leap into fun!! Dancers need ballet slippers, and water bottle. Girls Royal Blue leotard, pink tights, pink ballet slippers. **Boys White t-shirt, dark shorts or sweats & black slippers.**



Youth & Teen Art Programs

Easel Painting Class (Ages 7-13)

Recreation Star Center, 1170 Shippan Ave
April 8 - June 17 (No class 4/15 & 5/27)

Monday

4:00PM - 5:00PM

\$218.00 per person for 9 weeks/ Includes all material

Instructor: JoAnne Claybourne

Paint like the Masters! Paint, Draw & More! presents another fantastic art class. This fun class will give students experience with acrylic paints and teach brush techniques, color theory, color mixing that allow your child to express their creativity in the best way possible. Students are encouraged to problem solve and add their own unique ideas to their paintings. Their accomplishments help build self-esteem as they blossom and grow their own artistic style. **Jo-Ann T. Claybourne**, a CT native, attended the School of Visual Arts in NY, NY where she expanded her experience in sketching, drawing, painting and mixed media. Jo-Ann is gifted with the vision to create exciting pieces of artwork using different media. She enjoys exploring her creativity to it's fullest.

Mixed Media Drawing Class (Ages 5 - 12) By Paint Draw & More

Recreation Star Center, 1170 Shippan Ave
April 10 - June 12 (No class 4/17)

Wednesday

4:00PM - 5:00PM (Ages 5 - 8) - **Sess. 1**

5:00PM - 6:00PM (Ages 9 - 12) - **Sess. 2**

\$195.00 per person for 9 weeks/ Includes all material

Instructor: JoAnne Claybourne, *Paint Draw & More*

Want to try all the mediums? In this class Jo-Ann will guide students through drawings that will be finished with a number of mediums and sometime two! Students will fine tune their recognition of shapes, improve their hand eye coordination, learn representational drawing techniques and build their individual drawing style. We will explore use of chalk and oil pastels, colored pencils, watercolors, pen and ink, water based pastels and collage. This class teaches the fundamentals of drawing to all ages, older students will improve on their existing knowledge. Our artists will practice perspective, shading, shape and color theory and learn all the tricks and tools to improve their drawings. Please join us for this informative and fun filled class!

Jo-Ann T. Claybourne, a CT native, attended the School of Visual Arts in NY, NY where she expanded her experience in sketching, drawing, painting and mixed media. Jo-Ann is gifted with the vision to create exciting pieces of artwork using different media. She enjoys exploring her creativity to it's fullest. Her commitment to explore her heritage has won her not only regional acclaim but also the attention of national collectors.



Art & You For Grades K-2

Recreation Star Center, 1170 Shippan Ave
April 2 - May 28 (No class 4/16)

Tuesday

4:15PM - 5:15PM

\$120.00 per child for eight weeks

Instructor: Lori Federico, Artist

Creating and experiencing art is the best way to develop a true appreciation and understanding of it. Intro to color mixing, shapes, as well as line, texture and pattern, we'll take our inspiration from stories, famous artists, and the world around us. We'll explore how different elements are used to convey messages or emotions through artwork. Providing a variety of materials and allowing for open-ended exploration will provide a comprehensive foundation for artistic development.



The Joy of Journaling (Gr. 3 - 5) - New

Recreation Star Center, 1170 Shippan Ave
April 4 - May 30 (No class 4/18)

Thursday

4:15PM - 5:15PM

\$120.00 per child for eight weeks

Instructor: Lori Federico, Artist

Have you always wanted to jazz up your journal but didn't know how? In this course, we'll explore some fun and imaginative ways for kids to add flair to their journals. Through the use of crayons, colored pens/ pencils, markers, stickers, magazines, drawings, photos, collage and more! Make fun pockets, tags, folds and secret hiding places. Creating art through journaling is a natural part of the process. You're more likely to enjoy your writing experience by keeping your journal creative and fun. Bring one you've already started or create a new one!



Artful Touch (Gr. 1 - 3)

Recreation Star Center, 1170 Shippan Ave
April 6 - June 1 (No class 4/20)

Saturday

11:15AM - 12:15PM

\$120.00 per child for weeks

Instructor: Lori Federico, Artist

This class introduces the basic fundamentals of art and promotes the acquisition of new skills. A basic understanding of primary/secondary colors will be introduced, as well as a discussion of cool/warm colors. We'll study a variety of media to illustrate how shape, line, pattern, texture, and other formal elements of art work together, exploring different artists' techniques as inspiration for art projects.



Youth Tae Kwon Do & Fitness Programs

New Students/Beginner White Belt Tae Kwon Do For Youth with Mr. Wrigley (Ages 7 & Up)

Recreation Star Center, 1170 Shippan Ave
April 8 - June 12 (No class 4/15, 4/17 & 5/27)
Monday & Wednesday

Students are expected to participate twice a week

5:45PM - 6:30PM

\$220.00 per child

Master Tim Wrigley, **6th Degree Black Belt**

Asst. Instructor: Mr. Lucas Tuccinardi, **4th Degree**

Asst. Instructor: Mr. AJ Tuccinardi, **4th Degree**

Taught safely with traditional values, Tae Kwon Do will help your child develop their physical coordination along with their concentration skills. Much more than learning the basic physical skills to defend themselves, Tae Kwon Do will help in all aspects of life, teaching respect for all things, giving them the positive influence and self confidence they will need to be successful at anything they do. Of course it is lot of fun to learn, and a good workout for our youth! Brand new students start out with the rank of " White Belt" and will work towards higher ranks (also indicated by color) which is designed to help them with goalsetting and obtain a sense of self achievement. A higher rank in Tae Kwon Do demonstrates a level of maturity and personal responsibility in the students. **Please Note:** All students that test for a promotion at the conclusion of the session **will be required to pay a \$40.00 testing fee.** Information will be passed out on how to pay the testing fee at the end of the winter session. **Max 10 students**



Krav Maga Kids (KMX) (Ages 7-13)

Located: Break Thru Family Fit 4 life/ 48 Union St
April 8 - June 14

Monday, Wednesday, Friday & Sunday

5:00PM - 5:45PM- **Week Nights**

10:30AM - 11:15AM - **Sundays**

\$199.00 per student (two days per week) - **Sess. 1**

(Pick any two days)

\$249.00 per student **three days per week - Sess. 2**

Instructor: Tom Bacha & Kiberly Colletto

This is a unique kids version of the Israeli Self-Defense & Military Training System for ages 7-13. It uses drills & games to teach children life skills ,Personal Protection. Discipline Focus Common Sense. Also Self-Confidence. Classes begin with a full 20 minutes off un cardio drills (obstacle course, boot camp drills etc.), followed by realistic self-defense drills & end with Stranger Danger Awareness drills where flash cards are used to develop instinctive responses to dangerous situations.

Team Wrigley Tae Kwon Do For Youth (Ages 7 & Up)

Recreation Star Center, 1170 Shippan Ave

April 8 - June 13

Day & Time By Rank

Students are expected to participate twice a week

Yellow & Orange Belts (Beginner Rank):

Monday & Wednesday - 6:30PM-7:15PM

Green Belts & Blue Belts (Intermediate Rank):

Tuesday & Thursday- 5:45PM - 6:30PM

Red Belts

Tuesday & Thursday - 6:30PM - 7:15PM

Brown & Black Belts (Under 12 yrs. Old)

Tuesday & Thursday - 7:15PM—8:15PM

Black Belts and Green thru Brown(13 & Up)

Monday & Wednesday 7:15PM - 8:15PM

\$255.00 per child

Master Tim Wrigley, **6th Degree Black Belt**

Asst. Instructor: Mr. Lucas Tuccinardi, **4th Degree**

Asst. Instructor: Mr. AJ Tuccinardi, **4th Degree**

This Martial Art Program is intended for students having completed the beginner Tae Kwon Do Program or those children who may have had prior martial arts experience elsewhere*. Students enrolled who know the true benefit of Tae Kwon Do and how much fun it can be, will continue on their path to the eventual rank of Black Belt and beyond. Note that classes are separated by rank. Students can now Expect to develop to more advanced level Tae Kwon Do skills than they have ever achieved before. Returning students should enroll in the class time according to their rank. (*Students with prior martial experience elsewhere should enroll in " White, Yellow & Orange Belt" timeslot. A skill assessment of the student (during first week of classes) will be completed by the Instructor determine starting rank. **Please Note:** All students that test for a promotion at the conclusion of the session will be **required to pay a \$40.00 testing fee.** Information will be passed out on how to pay the testing fee at the end of the winter session. **No class 4/15, 4/16, 4/17, 4/18 & 5/27)**

Real Gym For Kids (Ages 7 &UP)

Break Thru Family Fit 4 Life, Union Street

April 8 - June 14

4:00PM - 6:00PM - **Mon. - Fri.**

9:00AM - 12:00PM - **Sat & Sun**

\$149.00 per student / Unlimited days

Instructor: Kimberly Colletto, ACE Certified Trainer

A one-of-a-kind kids' fitness circuit with 10-12 strength and cardio machines. A REAL GYM, the only one around, with Kid sized equipment. Kids learn the right way to work out independently & form good habits for life. Great for kids who don't like competitive sports & a good supplement for sports conditioning. Program is customized to each child based on his/her individual needs. **Only 15.00 dollars per week** for your child to feel good! **All students must call Break Through Fitness (203 - 355-9395) for first time orientation.**



Art & Sports Programs For Youth

Beginning Jewelry Making (Gr. 2 - 4) - New

Recreation Star Center, 1170 Shippan Ave
April 6 - June 1 (No class 4/20)
Saturday

10:00AM - 11:00AM
\$120.00 per child for eight weeks
Instructor: Lori Federico, Artist



Jewelry crafts offer a versatile and creative outlet, allowing kids to express their individual style and preferences. We'll explore a variety of ways to craft charms and beads using sculpey, air dry clay, paper, and other different elements. These one-of-a-kind, unique beads employs a simple and fun process, and can be combined to create a variety of fun and unique creations. The process of making jewelry can boost a child's self-confidence, enhance their fine motor skills, and boost their creativity.

Gym Burners (Gr. K-1) - New

Recreation Star Center, 1170 Shippan Ave
April 1 - June 3 (No class 4/15 & 5/27)
Monday

4:15PM - 5:15PM
\$80.00 per student for 8 weeks
Instructor: Recreation Staff

This fun fast past afterschool program will allow students to participate in new and old gym games each week. Great way to spend time with friends and meet new one! **For Boys and Girls!**

Little Hoopsters Basketball (Gr. 1 - 2)

Recreation Star Center, 1170 Shippan Ave
April 9 - June 4 (No class 4/16)
Tuesday

4:15PM - 5:15PM
\$80.00 per student for 8 weeks
Instructor: Recreation Staff



Instruction in fundamentals of basketball with emphasis on sportsmanship and enthusiasm for the sport. Students will learn the basic skills, fundamentals and techniques of the game. We will work on dribbling, shooting, rebounding and more. Each week we will also play games to end the class. **For Boys and Girls!**

Multi Sports For Kids (Gr. 2-3) - New

Recreation Star Center, 1170 Shippan Ave
April 10 - June 5 (No class 4/17)
Wednesdays

4:15PM - 5:15PM
\$80.00 per student for 8 weeks
Instructor: Recreation Staff



Each week students will learn the fundamentals of a different sport followed by playing a game. Some of the sports covered are as follows, Whiffleball, Soccer, Dodge ball, Floor Hockey & more! **For Boys and Girls!**

Pee Wee Basketball (Gr. 3 - 4)

Recreation Star Center, 1170 Shippan Ave
April 11 - June 6 (No class 4/18)
Thursday

4:15PM 5:15PM
\$80.00 per student for 8 weeks
Instructor: Recreation Staff



Learn the basic basketball skills: teamwork, shooting, passing, defense, offense & dribbling This is a fun stress free program for your child/children to enjoy each week and is **for boys & girls.**

All Stars Indoor Soccer (Gr.1-2)

Recreation Star Center, 1170 Shippan Ave
April 12 - June 7 (No class 4/19)
Friday

4:15PM - 5:15PM
\$80.00 per student for eight weeks
Instructor: Recreation Staff



This class is designed to perfect basic skills such as dribbling, passing and shooting. Participants will also play a mini game each week. Emphasis will be on fun & sportsmanship in a relaxing environment. **For boys and girls.**

Eagles of Stamford Soccer SPRING Academy (Ages 5-13)

Lione Park
April 22 - June 5 (Monday & Wednesday) - Sess. 1
April 23 - June 4 (Tuesdays & Thursdays) - Sess. 2

5:00 PM - 6:00 PM/ ages 5-6-**Sess. A**
6:00 PM - 7:00 PM/ ages 7-8-**Sess. B**
6:00PM - 7:00 PM/ ages 8-10- **Sess. C**
6:00PM - 7:00 PM/ ages 11 - 13- **Sess. D**

\$210 per student per session (7 weeks program)
Instructors: Eddy, Giancarlo, Rene (Certified Instructors)
We specialize in technical development, motor skill training, & small sided games (rondos) Soccer development program. At Eagles of Stamford, we create a fun, safe, and friendly environment that provides the necessary tools to enable each player to achieve success through motor skills as well as tactical learning while promoting physical fitness. **Please bring a bottle of water and size 3 or 4 soccer ball.**



S3a Strategic Smart Soccer

Lione Turf Field
Fridays-April 5- June 7 (No class 4/19 & 5/24)
4:15 PM-5:15 PM (Grades K-2) - **Sess. 1**
5:15 PM-6:15 PM (Grades 3-5) - **Sess. 2**
6:15 PM-7:15 PM (Grades 6- 8) - **Sess. 3**

\$130.00 per session/ **Free practice jersey included.**
Instructor: Focuses on FUN ways for kids to learn, improve their basic technical and fundamental soccer skills: such as ball control, vision, dribbling, passing, shooting, and defense through our SPSSR play philosophy and methodology.

Youth & Teen Educational Programs

Kids In the Kitchen (Gr. K-2)

Recreation Star Center, 1170 Shippan Ave

April 9 - May 28 (No class 4/16)

Tuesday

4:15PM - 5:30PM

\$110.00 for 7 Weeks

Includes all supplies

Instructors: Ms. Nancy, Mighty Makers

Grab your apron and meet us in the kitchen for a hands-on, delicious & always fun culinary adventure. Each week little chefs will measure, mix, slice & dice ingredients to create a variety of dishes together! **Note: Due to allergies we will not be using any peanut products during this class. Should your child have any other food allergy, prior approval is needed.**



Chess Wizards (Gr. 1-5) In Person Chess Club

Recreation Star Center, 1170 Shippan Ave

April 6th - June 1 (No class 4/20)

Saturdays

9:30AM - 10:30AM

\$195.00 per child for 8 weeks

Instructor: Certified Chess Wizard Staff

Chess Wizards is a premier chess education company providing fun, informative, and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student would have had the chance to participate in a mini-chess tournament.



Electricity & Magnetmania (Ages 6 - 10)

Recreation Star Center, 1170 Shippan Ave

April 8 - May 20 (No class 4/15)

Monday

5:15PM - 6:15PM

\$160.00 per child for six weeks

Instructor: Minds in Motion Staff

Come join an exciting world of space exploration as you build and take home your very own Solar System Kit! You will assemble your own model, learn all about our planetary neighborhood, and watch the planets move around the sun powered by battery or solar power. Check out our real meteorite fragment samples! Take part in other exciting activities involving physics, air pressure, and density. Take home your own cosmic rocket and watch it shoot up fifty feet into the air! Be mesmerized as you assemble and take home your own stunt plane and learn about the four major forces of flight. You will also witness some neat demonstrations from your instructor. Watch as an egg is magically sucked into a bottle, behold a tornado being created, and much more in this fun and exciting program!



Lego's & More Lego's (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave

May 1 - May 29

Wednesday

4:00PM - 5:15PM

\$112.00 per child for 5 weeks

Instructor: CT Computer Education staff

So it's time to join your friends or make new friends. This class has something for everyone. This class will build in teams and with partners to build towers, cars, automobiles and go-karts. E-mails are sent home from class. No experience needed to have fun No Lego's will be taken home. Please bring a snack. **MAY 22ND CLASS MEETS 330PM -445PM BECAUSE OF 1/2 DAY At School!**



Scratch Jr. Coding Program (Ages K - 2)

Recreation Star Center, 1170 Shippan Ave

April 1 - June 3 (No class 4/15 & 5/27)

Monday

4:45PM - 5:45PM

\$175.00 per student for 8 weeks

Instructor: Concorde Education Staff

Scratch Jr provides children with the fundamental knowledge of computer programming using an introductory coding language. Young learners will unleash their creativity by crafting interactive collages, animated stories, and simple games by dragging & dropping colorful blocks of code.

Weakly Take Home Artifact: Students show the progress of the game or program they are developing.

Minimum Technology Requirements : All participants must have Chromebook or Ipad for the program.



Anime Club (Gr. 3-5)

Recreation Star Center, 1170 Shippan Ave

April 4 - May 30 (No class 4/18)

Thursday

5:00PM - 6:00PM

\$175.00 per student for 8 weeks

Instructor: Concorde Education Staff

Concorde Education's anime club combines high interest material with focused instruction in a variety of areas. This flexible and engaging class can be tailored to meet the interests of your students encompassing: Adversity, Social Justice, Drawing & animation and Japanese Culture.

Minimum Technology Requirements : All participants must have Chromebook or Ipad, for the program.

Youth Tennis & Afterschool Programs

Youth Boxing Program (Gr. 6-10)

Located: Break Thru Family Fit For Life/ 48 Union Street

April - **Sess. 1**

May - **Sess. 2**

June - **Sess. 3**

Monday – Thursday

4:00PM - 5:00PM

\$120.00 per **1month session/per student**

Instructor: Jesse Mendoza, **Certified Instructor**

Our Boxing Program offers a variety of classes which includes Boxing Technique, Strength Training and High Intensity Interval Training. Why choose boxing? Our Boxing Program creates a challenge both physically and mentally which offers many health benefits for all ages and fitness levels. Boxing is the perfect choice for anyone interested in a different type of workout, learning self - defense, losing weight, building confidence, seeking a positive life.



Intro To Tennis (Ages 5-7)

Scalzi Park Tennis Courts

May 11 - June 15 (No class 5/25)

Saturday

9:00AM -9:45AM - **Sess. 1**

9:50AM - 10:35AM - **Sess. 2**

10:40AM - 11:25AM - **Sess. 3**

\$75.00 per child per session for five weeks

This program is designed to be a fun filled introduction to tennis for children ages 5-7 with a game-oriented theme and utilizing 10 and Under Tennis racquet & balls. Each class will include 30 minutes of instruction and 15 minutes of tennis play. **Taught by GSTA Instructor**



Tennis Basics (Ages 8-12)

Scalzi Park Tennis Court

May 11 - June 15 (No class 5/25)

Saturday

9:00AM - 9:55AM - **Sess. 1**

10:00AM - 10:55AM - **Sess. 2**

11:00AM - 11:55AM - **Sess. 3**

\$125.00 per child per session for five weeks

This program is designed to teach basic ground strokes and volleys to children ages 8- 12 who have already played some tennis or athletic rookies who are looking to test the talents in a new sport. **Taught by GSTA Instructors.**



Tennis Basic (Teens)

Scalzi Park Tennis Courts

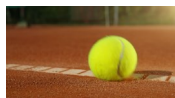
May 11 - June 15 (No class 5/25)

Saturdays

11:00AM - 11:55AM

\$125.00 per child for five weeks

This program is designed to be an introduction to tennis. Participants will be taught the fundamentals of forehands, backhands, serves and volleys as well as the rules of the game. **Taught by GSTA Instructors.**



After School Club at the Star Center (Gr. K-5) 2024 - 2025 School Year

Recreation Star Center, 1170 Shippan Ave

August, 2024 - June 2025 School Year

Monday- Friday

2:45PM– 6:00pm (12:30pm start on half days)

Fee: **3 days a week:** \$205.00 per month

4 days a week: \$235.00 per month

5 days a week: \$260.00 per month

Stamford Recreation will be offering an After School Program for Children Grades K – 5 at the Recreation Star Center located at 1170 Shippan Avenue. Gym time, playground and out-door time, arts and crafts, video game time and home work time (each day except on Fridays).

Transportation provided by the Stamford Board of Education to the After School Club at the Star Center for the Catholic Elements School, Charter School of Excellence, and all Stamford Public Schools BOE . You must arrange for transportation through the BOE at your child's/children school ahead of time. We will follow all OEC and CDC guide lines at the start of the school year. Space is limited each month! We follow the Stamford Public School Calendar and will be open on all half days. **Registration for the 2024-2025 school year begins June 1, 2024.**



Skyhawks Flag Football Clinic (Ages 4-12)

Southfield/Boccuzzi Park

Dates: Tuesdays, May 7th-June 11th

4:15-5:00pm (Ages 4-5) \$95 per child - **Sess. 1**

5:15-6:15pm (Ages 6-8) \$105 per child - **Sess. 2**

6:30-7:30pm (Ages 9-12) \$105 per child - **Sess. 3**

Instructors: Skyhawks Coaches

Experience the excitement of football with Skyhawks Flag Football Fueled by USA Football. Using a curriculum developed by the experts from USA Football, coaches will teach skills like passing, receiving, kicking and flag pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment. **(Min/Max 6/10)**

CT Sports Network Spring Volleyball Clinics

Location: Scalzi Park

Dates: Wednesdays April 10 – May 29

4:30pm - 5:30pm(9th-12th grade) - **Sess. 1**

5:30pm-6:30pm (3rd-5th grade) - **Sess. 2**

6:30pm-7:30pm (6th-8th grade) - **Sess. 3**

Fee- \$199.00 per child per session

The clinics are open to both new and experienced players and our certified coaches will focus on teaching skills, rotations, game scenarios and the rules of the game in a fun filled environment. Our clinics are open to players in 3rd through 12th grade. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN! All participants should have athletic shoes (or sand socks), water, some sunscreen applied, and you may also wish to bring your knee pads as well.

Youth April Break Camps & Special Events

Spring Vacation Camp Grades (K - 5)

Recreation Star Center, 1170 Shippan Ave

April 15 - April 19

Monday - Friday

8:00AM - 5:00PM

\$45.00 per child per day

\$215.00 per child for the week

Instructor: Recreation Services Staff

Spring break is here and you need to work, parents look no further as we offer this school break camp. Each day campers will be involved in gym games, sports, arts and crafts, outdoor activities and more. Camp is open to a max of 50 students per day so don't wait! **Bring a bagged lunch each day!**

VACATION!

New Science In is Fun (Ages 5-12)

Recreation Star Center, 1170 Shippan Ave

April 15 - April 18

Monday - Thursday

9:00am - 3:00PM

\$175.00 per child

Instructor: CT Computer Education staff

Lets talk about creating different soluble forms. Some experiments in class will be making play dough, flubber, oobleck,, salt and pepper float, stress balls, shrinky dinks and perler beads. This class we separate children into groups and have experiments done by the children. Please notify class of any allergies. **Please bring a lunch and a snack.** Children will be required to wear safety goggles which is provided.



PEAK PERFORMANCE SPRING BREAK ALL SPORTS CAMP

Scofield Magnet School Gym

April 15 - April 19

Monday - Friday

Half Days 9:00AM - 12:30PM - **Sess. 1**

Full Days - 9:00AM - 4:00PM - **Sess. 2**

\$149.00 per student half day

\$249.00 per student full day

This camp offers a combination of traditional sports games, like soccer, flag football, basketball, floor hockey, wiffleball (baseball), team handball, kickball, capture the flag, dodgeball, ga ga ball, survivor, cornhole, can jam, and MORE! We ask that our full day campers bring a lunch and refillable water bottle, and half day campers only bring a water bottle. For More **information VISIT WWW.PEAKPERFORMANCESPORTS.NET**

Spring Vacation Mixed Medias

Art Camp (Ages 5- 13)

Recreation Star Center, 1170 Shippan Ave

April 15 - April 19

Monday - Friday

8:30AM - 2:30PM

\$390.00 for four days days/ All materials included

Instructor: Jo-Ann T. Claybourne

Because variety is the spice of life, this camp offers painting, clay, mixed media projects and weaving, This fun vacation art camp offered by Paint, Draw & More! is designed for students ages 5-12. Each day is comprised of a full day of creating mixed media fine art. Students will explore a variety of mediums and be encouraged to express their creativity in new and exciting ways. A compilation of the week's activities may end in an art show for the parents. During our camp session we will have a lunch break. This camp will run Monday through Friday and is open to a maximum of 14 students with a division of age groups. **PARENTS: Please provide lunch, snack, & a smock for your child.**

Friday Night Kids Club Gr. K-5

Recreation Star Center, 1170 Shippan Ave

Friday, March 22 (Movie Night) - **Sess. 1**

Friday, April 5 (Pizza Night) - **Sess. 2**

Friday, April 26 (Pajama Party Night) - **Sess. 3**

6:00PM - 9:00PM

\$25.00 per child per session

Instructor: Erica Grant and Recreation Staff

This Friday night program will give children and there parents a night out. Each night will be theme based filled with fun and age appropriate activities. A snack and beverage will be served and each night **is limited to 40 students. Parents can enjoy a night out while we watch your kids!**

Hoop Girls "Fun To Be Fit Camp" (Gr.1-5)

Bodywise By Betty Studio 990 Hope Street

April 16 - April 18 (Tue. Wed. Thurs) - **Sess. 1**

June 18 - June 20 (Tues. Wed. Thurs) - **Sess. 2**

9:30AM - 4:00PM

\$210.00 per student per session

\$195.00 per student per session/ 2 or more family members

Instructor: Betty Kelly Camlin, Certified Instructor

This is a FUN, interactive FITNESS camp that includes:

Rebounding (aerobics mini trampolines) HULA HOOP DANCE CLASSES, ZUMBA & YOGA In the GLOW (disco party setting) Ellipticals, treadmills, Incline Rower, Bosu Balls. Boxing, Jump Rope and Chinese Jump Rope, ART and more. All activity performed inside and outside to fun, high energy, kid friendly music. Trips to Domino's and Subway for lunch and Scoops for Ice Cream treat. (extra fee) GIRLS Gr 1-5 (will take Gr K with older sibling)

Min 10 max 16 girls per camp.



Music Programs For Youth & Teens

Group Piano Lessons I

For Beginners to Intermediate (Ages 6 - 14)

Recreation Star Center, 1170 Shippan Ave

April 2 - June 5 (No class 4/16 & 4/17)

Tuesday ,& Wednesday

5:00PM - 5:45PM (All levels /Tues (Ages 10-14) - Sess. 1

6:00PM - 6:45PM (All levels /Tues (Ages 6 - 9) - Sess. 2

4:00M - 4:45PM (Beginner 1/ Wed Ages 6 - 9) - Sess. 3

5:00PM --5:45PM (Beginner 2 / Wed (Ages 6 - 9) - Sess. 4

6:00PM - 6:45PM(Early Inter. /Wed(Ages 10-14) - Sess. 5

\$240.00 per child for 9 weeks

Instructor: Bob Fiorito

This beginner program is a great way to introduce your child to the world of music. Unlike traditional piano instruction where students must plod through weeks of seemingly unrelated exercises, this program will have your child playing notes and music in no time at all. A book will be required and students should have a keyboard or piano at home to practice. **Max 4 per class.**

Group Guitar Lessons with Mr. Truglio

For Students (Grades 4 - 9)

Recreation Star Center, 1170 Shippan Ave

April 3 - June 5 (No class 4/17)

Wednesday

Beginner Group - 5:15PM - 6:00PM - Sess. 1

Adv. Beginner/Intermediate - 6:00PM - 6:45PM - Sess. 2

\$220.00 per student for 9 weeks

Instructor: Anthony Truglio

Beginner Group: Introduction to guitar. For beginners and players with a little experience. Finger dexterity, reading, chords around the guitar is all part of this program.

You must supply your own acoustic or electric guitar.

Advance Beginner/ Intermediate Group: Continued study of guitar techniques for students with 1 plus years of lessons .Music that is age appropriate will be used. You must supply your own acoustic or electric guitar. **Max of 4 students per class.**

Piano Lessons with Mr. Fiorito Beginner to Early Intermediate

Recreation Star Center, 1170 Shippan Ave

January 11 - March 7

Thursday

April 4 - June 6 * No class 4/18)

4:00PM - 4:45PM

\$240.00 per student for 9 weeks Instructor: Bob Fiorito

You will need a piano or keyboard at home to practice. For grades 4 & up / Gr. 3 & up if the student has completed our lower level group lessons. The basics of piano note & rhythm reading will be taught in this class, as well as, learning to play the piano correctly. **Max of 4 students per class.**



Hoop Dance Girls Programs

Hoop Girls of Stamford (Gr.K-6)

Davenport School:

Monday: March 25 - May 20 (Gr 1-4) Intermediate level -3:50PM - 4:50PM - \$150.00 per child - Sess. 1

Monday: March 25 - May 20 (Gr. 4 - 7) All Level Hoops with Yoga - 5:00PM - 6:00PM—\$150.00 per child - Sess. 2

Wednesday: March 27 - May 22 (Gr 2-4) Advanced Level -3:50PM -4:50PM - \$150.00 - per child - Sess. 3

Stillmeadow School:

Tuesday: : March 19 - May 14 (Gr.1 - 4)All Levels/returning 5th grader -2:50PM - 3:50PM- \$150.00 per child Sess. 4

Stark School:

Thursdays: March 28 - May 23 (Gr.1 - 4) All Levels - 3:50PM - 4:50PM - \$150.00 per child - Sess. 5

Star Center: (Hoop Fit Program - Coed) - New

Saturday: March 16 - May 11 (Gr. K-2) Beginner - 1:45PM - 2:45PM - \$150.00 per child - Sess. 6

Instructor: Betty Kelly Camlin, Certified Instructor

“THE HOOP GIRLS” and “HOOP YOGA” for girls are both unique dance/fitness programs. MOTTO IS “HOOP GIRLS WHIRL THE WORLD” They have a whirl of a time, getting happy & fit, burn calories hooping it up with creativity to their favorite pop tunes using beautifully designed handmade dance hoops that are fitted to meet your hoopers size and ability. This makes learning hoop/dance easier for everyone. Yoga to stretch and relax. You will be required to purchase a Hoop after 3 classes.

\$25 Opportunities to perform in parades and other events.(outfits required)

HOOP FIT is a COED class with a Fitness/Conditioning component.

All are super fun, wonderful forms of exercise. All improve fitness, stamina, endurance, core, flexibility, hand-eye coordination, proprioception, balance and motor skills. Visit American Counsel on Exercise (ACE) for more benefits of Hula Hoop exercise. Bring a water bottle. SNEAKERS REQUIRED - wear leggings or shorts. NO DRESSES, NO SHIRTS, NO BOOTS or CROCKS. Register @www.stamfordrecreation.com Questions email Ms. Betty @bodywisebybetty@me.com. Registration for Hoop Girls will begin on March1, 2024 online!

Spring 2024 Youth Aquatics Swim Lessons

Location: Westhill High School Pool, 125 Roxbury Road, Stamford, CT

Fee: \$175 (10 Youth Classes per Session)

Fee: \$65 (Adult Water Aerobics 6 Classes)

Registration For Spring Swim Lessons Begins March 1, 2024 online

TUESDAYS

Dates: 3/26 thru 5/28

No Class 4/16

Level 1- 6:00PM-6:30PM

Level 1- 6:30PM-7:00PM

Level 2- 7:00PM -7:30PM

Level 3- 7:30PM -8:00PM

*Adult W.A.- 8:00PM -8:30PM

*Adult W.A Dates: 3/19 thru 4/30

WEDNESDAYS

Dates: 3/ 13 thru 5/29

No class 4/10 & 4/17

Level 1-6:00PM - 6:30PM

Level 1-6:30PM -7:00PM

Level 2 -7:00PM - 7:30PM

Level 3-7:30PM - 8:00PM

Level 4-8:00PM - 8:30PM

THURSDAYS

Dates: 3/14 thru 5/23

No class 4/18

Level 1-6:00PM-6:30PM

Level 2-6:30PM-7:00PM

Level 3-7:00PM-7:30PM

Level 4-7:30PM-8:00PM

Level 5-8:00PM-8:30PM

Swim Class Level Descriptions

Level One: An introduction to water skills that helps children become comfortable in the water while learning basic water/safety skills. The class helps children learn to back float, and swim on their stomachs with their face in the water. We introduce combined arm and leg swimming action, & encourage confidence in independent swimming. **The child must be able to voluntarily get in the water, and put face in the water to participate in the class.**

Level Two: Building off of the Level One class, we introduce fundamental skills such as floating for longer periods of time without assistance, front and back gliding, and rolling from front to back for safe swimming. Kids are encouraged to swim on their own with minimal help. During the course of the class we cover, flutter kicking with pointed toes, streamline positioning, independent swimming on front/back, and much more. **The child must be able to back float without assistance, put face in the water while blowing bubbles, and be able to voluntarily swim on front and back with minimal assistance.**

Level Three: The children focus on coordinating arm and leg movements, and improving skills covered in Level Two, such as independent swimming on front and back. We introduce the elementary backstroke, breaststroke kick, swimming in the deep end of the pool and much more. **The child must be able to swim 10 meters on their front/back without assistance. Child must also be able to breathe out while face is in the water, breathe in while face is out (perform rotary breathing).**

Level Four: Stroke improvement is occasionally held in the 12-foot deep side of the pool. Child will be in the water without assistance learning to tread water, perform open turns, and improve all learned strokes. Swimmers are trained to improve their swimming stamina by introducing parts of all six strokes. **The child must be comfortable swimming in 12 feet deep water for the entire class. Must also have knowledge of side breathing, front crawl, back crawl, elementary backstroke, and be able to do a kneeling dive with minimal assistance.**

Level Five: This is the Stroke Refinement class level class we offer. This class works on swimming laps, perfecting stroke technique, and preparing children for competitive swim. In addition, the class introduces circle swimming and swim team terms. **For this class, child must have knowledge of all 6 strokes and be able to swim continuous laps. Swimmers should have knowledge of diving as well.**

***Adult Water Aerobics: Mondays, 3/12 thru 4/23 (No Class 4/16)** Join Stamford Recreation for our NEW Adult Water Aerobics Class on Mondays from 8:00pm-8:30pm. This class will focus on aerobic endurance, resistance training, and creating an enjoyable and fun atmosphere with music. **The exercises are performed in water that is chest deep (4 feet) and no swimming skills are needed to participate.** Open to anyone aged 16+, and appropriate for all fitness levels. The water's resistance cushions your feet, knees and back so that you can achieve results with a low impact to your body.

Summer Swim Lessons

July 15 - July 26

Westhill High School Pool

\$175 (10 classes)

Monday, July 15 thru Friday, July 26

Level 1 -10:00am-10:30am

Level 2-10:30am-11:00am

Level 3-11:00am-11:30am

Stamford Rec wants to hire YOU as one of our NEW lifeguards!!! For more info check out ti.nyurl.com/stamfordLG or email Jack Lyons- jlyons@stamfordct.gov

Adult Programs and Trips

Foxwoods Casino Trip

June 1, 2024

Saturday

Depart Government Center Lobby at 8:00AM

Return: Government Center Lobby at 6:00PM

\$40.00 per person per trip/includes drivers tip

Come let us do the driving and enjoy a day at the Foxwoods Casino. Try your luck at table games, Poker, keno Bingo and slot machines. Enjoy a day of great entertainment, shopping and food.

Tennis Basics Adults

Scalzi Park Tennis Courts

May 11 - June 15 (No class 5/25)

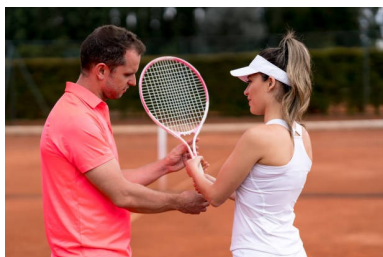
Saturday

11:00AM – 11:55AM

\$150.00 per person per session

Instructor: GSTA STAFF

This program is designed to be an introduction to tennis. Participants will be taught the fundamentals of forehand, Back hand, serves and volleys as well as the rules of the game



Women's Only Gym

Located: Break Thru Family Fit For Life

April 8 - June 14

7:00AM- 9:00PM- Mon-Fri.

7:00AM- 3:00PM- Sat.& Sun.

\$125.00 per person for 10 weeks / Unlimited days

Instructors: Personal Trainer: Kimberly Colletto

Intimidated by free weights? Don't like large gyms? Hate the crowds? This easy 30-minute workout combines cardiovascular exercise and strength training utilizing machines designed specifically for women. A staff personal trainer will get you started with a fitness evaluation, equipment instructions and help you establish goals. **Break Thru to a new you!!!**



Krav Maga Adults (KMX)

Break Thru Family Fit 4 life, 48 Union St.

April 8 - June 14

6:30PM - 7:30PM

Mon, Tues & Thurs

10:30AM - 11:30AM - Saturday

11:15AM - 12:15PM - Sunday

\$249.00 per person for 10 weeks unlimited

Instructor: Tom Bacha

Krav Maga is the official Self-Defense and Fighting System of the Israeli Defense Forces and various police departments through the United States. This highly effective easy to learn system of Self-defense is offered for men/women of all ages & skill levels!



Stamford Recreation Pickleball

For all pickleball class & clinic information please visit our website, www.stamfordrecreation.com.



Youth Summer Dance & Tennis Programs

Hip Hop/Funk (Gr. K - 6)

Recreation Star Center, 1170 Shippan Ave
July 9 - August 13

Tuesday

4:30PM - 5:30PM (Gr. K - 3) - **Sess. A**

5:30PM - 6:30PM (Gr. 4 - 6) - **Sess. B**

\$132.00 for 6 weeks Instructors:

Ms. Debbie

This class is one hour fun filled class is for the person who loves to dance around the house. Why not take it to the beautiful Star Center and shine even brighter! Dress comfortably. Hip hop sneakers or Jazz shoes. No street shoes. **Max of 10 children per class!**



Star Ballet (Ages 3 - 8)

Recreation Star Center, 1170 Shippan Ave
July 10 - August 17

Wednesday (Ages 3-5) 4:30PM - 5:15PM - **Sess. A**

Wednesday (Age 8 & Up) 5:30PM—6:30PM- **Sess. B**

Saturday (Ages 3-5) 11:30AM -12:30PM

\$132.00 for 6 weeks

Instructors: Ms. Alexandra on Wednesdays

Ms. Debbie Saturdays

Ballet: The dancers will explore the great ballet stories as they learn technique. Waltz into class and leap into fun!!
Girls: Royal Blue leotard, pink tights, pink ballet slippers.
Boys: White t-shirt, dark shorts or sweats and black slippers.
Max of 10 children.

Tiny Tu-Tu's (Ages 2 -4)

Recreation Center, 1170 Shippan Ave
July 8 - August 17

Monday 2:15PM - 3:00PM - **Sess. 1**

Saturday 9:30AM - 10:15AM - **Sess. 2**

\$132.00 per child for 6 weeks per section

Instructors: Ms. Alexandra on Monday

Ms. Debbie on Saturday

Get your Tu - Tus out! It's time to twirl and leap to classical music. During this 45 minute class, your little dancer will learn basic ballet techniques as they move to the beautiful sounds of classical music. **Max of 10 children per class!**



Dancing Stars (Ages 3 - 5)

Recreation Star Center, 1170 Shippan Ave
July 8 - August 12

Monday

3:30PM - 4:15PM

\$132.00 for 6 weeks

Instructors: Ms. Debbie

This ballet class your dancer will reach for the stars! They will run, hop, skip and leap into the world of dance. Learning the basic positions in a fun and creative way. **Max of 10 children.**



Princess Ballet for Children

Recreation Star Center, 1170 Shippan Ave
July 8 - August 17

Monday/4:30 - 5:30PM (5 - 7 Yr. olds) - **Sess. A**

Monday/5:30 - 6:30PM (8 & older) - **Sess. B**

Saturday/10:30 - 11:30AM (Gr. K-3) - **Sess. C**

\$132.00 per child per session for 6 weeks

Instructors: Ms. Debbie Ballet

The dancers will explore the great ballet stories as they learn technique. Waltz into class and leap into fun!! Dancers need ballet slippers, and water bottle. Girls Royal Blue leotard, pink tights, pink ballet slippers. **Boys White t-shirt, dark shorts or sweats and black slippers.**

Intro To Tennis (Ages 5-7)

Scalzi Park Tennis Courts

July 13 - August 10

Saturday 9:00AM -9:45AM - **Sess. 1**

9:50AM - 10:35AM - **Sess. 2**

10:40AM - 11:25AM - **Sess. 3**

\$75.00 per child per session for five weeks

This program is designed to be a fun filled introduction to tennis for children ages 5-7 with a game-oriented theme and utilizing 10 and Under Tennis racquet & balls. Each class will include 30 minutes of instruction and 15 minutes of tennis play. **Taught by GSTA Instructor.**



Tennis Basics (Ages 8-12)

Scalzi Park Tennis Court

July 13 - August 10

Saturday

9:00AM - 9:55AM - **Sess. 1**

10:00AM - 10:55AM - **Sess. 2**

11:00AM - 11:55AM - **Sess. 3**

\$125.00 per child per session for five weeks

This program is designed to teach basic ground strokes and volleys to children ages 8- 12 who have already played some tennis or athletic rookies who are looking to test the talents in a new sport. **Taught by GSTA Instructors.**



Tennis Basic (Teens & Adults)

Scalzi Park Tennis Courts

July 13 - August 10

Saturdays

11:00AM - 11:55AM

\$125.00 per child for five weeks

This program is designed to be an introduction to tennis. Participants will be taught the fundamentals of forehands, backhands, serves and volleys as well as the rules of the game. **Taught by GSTA Instructors.**



Recreation Summer Preschool Camp

Tiny Tots Preschool Camp (Ages 3 - 5)

Roxbury Elementary School

June 24 - July 5 (No camp 7/4) - Sess. 1

July 8 - July 19 - Sess. 2

July 22 - August 2 - Sess. 3

August 5 - August 9 - Sess. 4

Days: Monday - Friday

Time: 9:00AM - 1:00PM

\$210.00 per child - **Session 1**

\$235.00 per child - **Session 2 & 3**

\$118.00 per child - **Session 4**

Our seven week summer program consists of both educational & recreational activities. Each day consists of games, arts & crafts, gym activities, sports, nature, story time, water games and more. Our camp is run by a certified (current) preschool teacher who has exciting days planned that your children will love each day. What a great way to also give yourself some quality time each day in the summer. Any child that has graduated kindergarten is not eligible for this camp. Campers should bring a back pack each day with extra clothes and should wear sneakers. **Registration cannot be done online** for this program and parents must bring a copy of their child's Birth Certificate and full payment to register. **All children must be potty trained** to attend camp and no refunds will be given. Also, lunch will be provided each day and parents that do not wish to have their child participate in the lunch program may pack a bagged lunch. Menus will be posted each week of the lunch being served daily. **See Page 3 for registration information. Max 45 children per session.**



Summer Day Camps For Youth

If you are registering for one of the 2024 summer camp programs online this year, please read the following. After you secure a spot online, you are required to download a camp registration form from our website at www.stamfordrecreation.com & email it to Stamfordrecreation@stamfordct.gov to complete your child's registration. Registration forms must be completed & submitted **within 24 hours** to complete your registration. If your child is age 5 or 6 in kindergarten, you are also required to email a copy of their birth certificate and proof of Kindergarten with the completed registration form to complete the registration. Failure to complete & submit the required forms (**24 hours**) will result in forfeiting your spot in the camp & you will be refunded for the program. **Please have all forms prepared ahead of time before you register!**

Star Center Summer Day Camp (Ages 6 - 10)

Recreation Star Center, 1170 Shippan Ave

June 24 - August 16 (No camp July 4) - 8 week camp

Monday - Friday

9:00AM - 4:00PM

Extended Care: 7:30AM - 9:00AM / 4:00PM - 5:30PM

\$1,360.00 per child Full Pay

\$615.00 per child Reduced Fee

Fee \$30.00 per week for AM or PM Care \$60.00 per week for both

This 8 week traditional day camp mixes exciting activities, arts & crafts, adventures & offers new opportunities with friends that will create memories that will last a life-time. The program is for children ages 6 -10 **or 5 year olds who are currently in kindergarten with proof.** They will be involved in swimming, sports, gym games, water games, color wars, weekly theme weeks, field trips & more. We offer a ten to one camper ratio & children are grouped by age/ grade in groups. We have both outdoor and indoor activities each day. Any child age 5 or 6 must show a copy of their birth certificate & a copy of a school report card. Reduced fee spots for all ages cannot be done online & we must have a copy of the lunch certificate at the time of registration with full payment to process. Finally, campers must be walked into the building each day and signed in & out by their parent/guardian at their assigned classroom. Please make sure you list your child's shirt size on the camp registration form. There will a max of 135 children in this summer camp program. Any child that turns 11 before July 1st is not eligible for the program. Please note: Children at this camp will swim at the beach on assigned days and at the Westhill pool. Also, lunch will be provided each day and parents that do not wish to have their child participating in the lunch program may pack a bagged lunch. Menus will be posted each week of the lunch being served daily. **Please see page 3 for Registration information. With no free and reduced lunch letters available this year with the BOE, parents that would normally qualify will need to complete the Household Income Survey in your parent portal on the BOE website. This will replace the free & reduced application and this form will determine if your child/ children are reduced fee eligible and you will receive a letter. That must be presented at registration to receive the reduced rate. No exceptions!**



Summer Day Camps For Youth

Heroy Summer Day Camp For Ages (6 - 12)

Heroy Park-Riding Stable Trail/off High Ridge Rd

June 24 - August 9 (No camp 7/4)

Monday - Friday

9:00AM - 4:00PM

Extended Care: 7:30AM - 9:00AM / 4:00PM - 5:30PM

\$1,190.00 per child **Full Pay**

\$500.00 per child **Reduced Fee**

\$30.00 per week for AM or PM Care

\$60.00 per week for AM & PM Care

If your child loves the outdoors they will love this camp located in North Stamford. This camp is set in a park that has its own baseball field, basketball court, pool, pavilion, tennis courts and an air conditioned recreation building. Each day children ages 6 - 12 or 5 year old's who are currently in kindergarten will be involved in activities, swimming, sports, games, crafts color wars, video games and more. We also have weekly themes and several field trips throughout the summer. The program offers a 10 to one ratio so our staff gets to know every child. Campers are grouped by age/grade so they are involved in age appropriate activities. **Any child age 5 or 6 must supply a copy of their birth certificate & a copy of a school report card at registration to be eligible.** Reduced fee spots for all ages cannot be done online & we must have a copy of **completed Household Income Survey** at the time of registration with full payment to process. Please make sure you list your child's shirt size on the camp registration form. There will be a max of 130 children in this summer camp program. **Any child that turns 13 before July 1st is not eligible for the program. Please see page 3 for registration information and page 18 for online registration requirements.**

Davenport Summer Day Camp (Ages 6 - 12)

Where: Davenport Elementary School

When: June 24 - August 9 (No camp 7/4)

Days: Monday - Friday Time: 9:00AM - 4:00PM

Extended Care: 7:30AM - 9:00AM / 4:00PM - 5:30PM

\$1,190.00 per child **Full Pay**

\$500.00 per child **Reduced Fee**

\$30.00 per week for AM or PM Care

\$60.00 for both AM & PM

This traditional day camp mixes exciting activities, arts & crafts, adventures & offer new opportunities with friends that will create memories that will last a life-time. The program is for children ages 6 -12 or 5 year old's who are currently in kindergarten. They will be involved in swimming 3 plus times per week (Pool) sports, outdoor games, water games, color wars, weekly theme weeks, weekly field trips & more. We offer a ten to one camper ratio & children are grouped by age/grade in groups. We have both outdoor and indoor activities each day. **Any child age 5 or 6 must show a copy of their birth certificate & a copy of a school report card. At registration to be eligible.** Reduced fee spots for all ages cannot be done online & we must have a copy of **completed Household Income Survey** at the time of registration with full payment to process. Finally, campers must be walked into the building each day and signed in & out by their parent/guardian. Parents will enter through the door located on the side of the gym by the outside playground each day. Please make sure you list your child's shirt size on the camp registration form. There will a max of 160 children in this summer camp program. **Any child that turns 13 before July 1st is not eligible for the program. Please see page 3 for registration information Please see page 3 for registration information and page 18 for online registration requirements.**

Roxbury Summer Day Camp (Ages 6 - 12)

Formerly Westover Day Camp

Roxbury Elementary School, 751 West Hill Road

June 24 - August 9 (No camp 7/4)

Monday - Friday Time: 9:00AM - 4:00PM

Extended Care: 7:30AM - 9:00AM / 4:00PM - 5:30PM

\$1,190.00 per child **Full Pay**

\$500.00 per child **Reduced Fee**

\$30.00 per week for AM or PM Care \$60.00 per week for AM & PM Care

This traditional style day camp is our largest camp & is open to children ages 6-12 or 5 year old's who are currently in kindergarten. Each day is filled with a structured schedule of sports, crafts swimming, color wars, board games, activities, special events and several field trips. This camp offers both indoor & outdoor activities and children will be grouped by age/grade. Lunch will be served each day for any child that wishes not to bring a lunch. Any child age 5 or 6 must show a copy of their birth certificate & a copy of a school report card at registration to be eligible. Reduced fee spots for all ages cannot be done online. We must have a copy of the **completed Household Income Survey** at the time of registration with full payment . Finally, campers must be walked into the building each day & signed in & out by their parent/ guardian. Parents will enter through the door located between the main entrance and the auditorium each day. This summer there will be a max of 135 children! **Any child that turns 13 before July1st is not eligible for the program.** Westover will swim a couple of times per week. **Please see page 3 for registration information and page 18 for online registration requirements.**



Summer Activity Program & Barrett Playground Program

Newfield Activity Program (Ages 6 - 12)

Newfield School at 345 Pepper Ridge Road

June 24 - August 9 (No camp 7/4)

Monday - Friday

8:00AM - 4:00PM

\$700.00 per child **Full Pay**

\$350.00 per child **Reduced Fee**



An Activity Program are a combination of a playground & day camp program that features outdoor as well as indoor programs each day. Campers will be involved in group games, sports, arts & crafts not every day), special events, playground time, and more. Group sizes are larger than a day camp and campers are grouped by age/grade to participate in age appropriate activities. If your child is age 6 or 7 and attending camp for the first time, a day camp has smaller ratios and may be a better fit. Younger campers will only participate in activities with older campers during supervised ALL CAMP SPECIAL EVENTS! We will also offer swimming twice a week at city pools on a first come first serve basis. There will also be field trips which campers must sign up for separately. Each trip will take a max of 90 campers. Wait lists will be taken for each swimming and field trip. All trips are first come first served basis. The program has indoor capability and therefore will not close for inclement weather. **Any child age 5 or 6 must show a copy of their birth certificate & a copy of a school report card at registration to be eligible.** Reduced fee spots for all ages cannot be done online. We must have a copy of the **completed Household Income Survey** at the time of registration with full payment. Finally, campers must each day be signed in & out by their parent/guardian. Please make sure you list your child's shirt size on the camp registration form. There will be a max of **165 children** in this summer camp program. **Any child 13 years old before July 1st is not eligible for this program.** The Newfield program will swim at West Hill or Heroy Pool. Please see page 3 for registration information. **Please see page 3 for registration information and page 18 for online registration requirements.**

Barrett Park Outdoor Adventure Program (Ages 6 - 12)

Barrett Park on Newfield Ave

June 24 - August 9 (No camp 7/4)

Monday - Friday

8:30AM - 4:30PM

\$450.00 per child **Full Pay**

\$225.00 per child **Reduced Fee**

This outdoor adventure Program is designed for children ages 6-12. Your child will explore and find appreciation for the outdoors as they enjoy our 7 week summer program. All children must be preregistered for this outdoor adventure program which is open to children ages 6 - 12 only or **5 year olds that have completed Kindergarten.** Each day children will be involved in arts & crafts, sports, board games, water games, special events and other creative activities. There are two major field trips that campers can sign up for and space is limited to the first 50 campers. Parents will be required to fill out a permission slip. The Outdoor adventure program will be closed on rainy days due to no indoor facilities. Lunch will be provided or campers can bring their own lunch each day plus a swim suit, towel, suntan lotion, flip flops and a snack. This program is structured and campers will be grouped by ages and will play age appropriate games/activities. **Any child age 5 or 6 must show a copy of their birth certificate & a copy of a school report card at registration to be eligible.** Reduced fee spots for all ages cannot be done online. We must have a copy of the **completed Household Income Survey** at the time of registration with full payment. **Any child that turns 13 before July 1st is not eligible for this program.** Max of 90 spots available. Please see page 3 for registration information **Please see page 3 for registration information and page 18 for online registration requirements.**



Eagles of Stamford Soccer Summer Academy (Ages 5 - 13)

Eagles Soccer

Lione Park

Mondays & Wednesdays June 24-August 7 - **Sess. 1**

Tuesdays & Thursdays June 25- August 15 (No class 7/4) - **Sess. 2**

5:00 PM - 6:00 PM/ ages 5-6 -**Sess. A**

6:00 pm - 7:00pm/ ages 7-8 - **Sess. B**

6:00pm - 7:00pm/ ages 8-10 - **Sess. C**

6:00pm- 7:00 pm/ ages 11-12 - **Sess. D Sess.1**

6:00pm-7:00pm/ages 11-13 - **Sess. D Sess. 2**

\$210.00 per session (7 weeks program)

Instructors: Eddy, Edgar, Ricky, René (Certified Instructors) We specialize in technical development, motor skill training, & small sided games (rondos) Description: Soccer development program. At Eagles of Stamford, we create a fun, safe, and friendly environment that provides the necessary tools to enable each player to achieve success through motor skills as well as tactical learning while promoting physical fitness. **Please bring a bottle of water and size 3 or 4 soccer ball.**



Summer Sports Camps & Junior Counselor Program

SLAMMER TENNIS WORLD SUMMER CAMP FOR YOUTH

Stamford High School Tennis Courts
Week I - June 24 to June 28- **Sess. 1**
Week II - July 15 to July 19 - **Sess. 2**
Monday through Friday
9:00 am – 12:00 pm



\$250.00 per student per session

Slammer Tennis World Camp is designed to teach the students the basics of tennis (rules, groundstrokes, volleys, the overhead & the serve) in a fun - filled atmosphere. It will also incorporate some light exercises and footwork drills to build stamina. This program is open to children age 6-16 and will be grouped by age. All participants must bring their own tennis racquet, snack & a water bottle to camp each day. At the completion of camp, participants will receive a certificate. Whether your child has tennis experience or not, they will enjoy this camp.

MVP Sports Camp (Ages 8-12)

Lathon Wilder Gym, 137 Henry Street

July 8 - July 12

Monday through Friday

9:00 am – 12:00 pm

\$210.00 per child

Instructors: MVP Sports & fitness Staff

This sports camp provides sports and recreational games designed to promote recreation, competition, and fun - in a relaxed, yet structured environment. Participants will play a variety of games from traditional sports and gym class favorites, including flag football, kickball, whiffle ball, mat ball, capture the flag, ultimate frisbee, soccer, tag games, dodgeball, and more!



Krav Maga Kids (KMX) Summer Program (Ages 7-13)

Located: Break Thru Family Fit 4 life/ 48 Union St

July 1 - August 30

Monday, Wednesday, Friday & Sunday

5:00PM - 5:45PM- **Week Nights**

10:30AM – 11:15AM – **Sundays**

\$150.00 per student / Unlimited Classes

Instructor: Tom Bacha & Kiberly Colletto

This is a unique kids version of the Israeli Self-Defense & Military Training System for ages 7-13. It uses drills & games to teach children life skills, Personal Protection. Discipline Focus Common Sense. Also Self-Confidence. Classes begin with a full 20 minutes of cardio drills (obstacle course, boot camp drills etc.), followed by realistic self-defense drills & end with Stranger Danger Awareness drills where flash cards are used to develop instinctive responses to dangerous situations.

קרב מגע
KRAV MAGA

Counselor In Training Program For Teens Ages 14 - 15

The program is designed to train students to be future camp counselors. Students that are accepted into the program will work during the summer from 8:30AM - 3:00PM Monday through Friday and will be placed at one of our three large Day Camps. **All applicants must be 14 by March 1, 2024 Applications are available on-line at www.stamfordrecreation.com** All candidates will be required to take & pass a written test to be eligible for an interview. Applications must be turned in on your test date to the recreation staff offering the test. Students register for the test @www.stamfordrecreation.com The program is limited to 27 counselors in training. Interviews will begin after the test dates and students that qualify for an interview will be contacted. Interviewing for the position does not guarantee the applicant a position in the program. Interviews will be held Monday through Thursday & afterschool from 2:00PM - 4:30PM only! The C.I.T program is not a paid position, but looks great on college applications. **However, if the applicant turns 15 years old by June 1st, 2024 he or she will be eligible to receive a \$500.00 stipend if they successfully complete the program. All candidates will be required to go through an interview to be selected.**

For more information please call Dante Statum, Recreation Leader at 203-977-4644.

JC Test Date Information Test Dates:

Stamford Recreation Star Center, 1170 Shippan Ave

Friday, February 16, 2024 - 11:00AM - 11:45AM

Tuesday, February 20, 2024 - 2:30PM - 3:15PM

Note: If you are selected at the end of the process for this program, students **will not be permitted vacation days off during the summer. No exceptions!**

Summer Employment Opportunities With Stamford Parks & Recreation

Summer Camp Counselors: We are seeking individuals who are interested in having a fun and rewarding job this summer. We are hiring students age 16 and up to work in our 7 & 8 week camp programs. Applications will be accepted until positions fill and interviews will be held afterschool. For more information contact Dante Statum, at DStatum@stamfordct.gov

Summer Aquatics Positions: We are currently hiring an Assistant Aquatics Director, Head Lifeguard, Lifeguards and swim Instructors for the summer beach and pool season. For more information and required qualifications contact Mgearhart@stamfordct.gov or JLyons@stamfordct.gov Interested candidates can for any summer positions will be able to download applications at www.stamfordrecreation.com

Interested candidates can for any summer position can download an applications at www.stamfordrecreation.com

Summer Science & Educational Camps For Youth

Elemental Science Camp (Gr. 1 - 6)

Springdale Elementary School

July 8 - July 12

Monday - Friday

Time: 9:00AM - 12:00PM - **Sess. 1**

9:00AM - 3:00PM - **Sess. 2**

\$360.00 per student half day camp

\$486.00 per student full day camp Instructor:

Enter the world of elements as we bend the powers of Earth, Air, Water, and Fire! Your elemental masters will ignite the lab with bursting colors and use electrifying currents to create indoor storms. We will heat up with bubbling thermodynamics, float with liquid density in motion, unleash the mysteries of rocks and minerals, and make objects levitate on thin air. Young scientists will love getting hands-on with the phenomena that fuel our everyday lives, witnessing what happens when these powers collide! Collaborative projects and team challenges add an exciting dimension to the camp, encouraging campers to solve elemental puzzles and design a sustainable Community of Tomorrow. Each camper will receive a Mad Science Lab Coat, goggles, Mad Science Certification, and specially designed Take Homes to help extend learning at home.



NASA. Astronaut Adventures (Gr. 1 - 6)

Springdale Elementary School

July 15 - July 19

Monday - Friday

Time: 9:00AM - 12:00PM - **Sess. 1**

9:00AM - 3:00PM - **Sess. 2**

\$360.00 per student half day camp

\$486.00 per student full day camp

Join us as we shoot for the stars on a hands-on, NASA-designed adventure to the cosmos! Your Astronaut-In-Training will explore our Solar System - and beyond! - by making explosive comets, witnessing UV rays and supernovas in our glowing planetarium, and recreating gassy atmospheres with Dry Ice and holographic technology. Students will design and launch real rockets and experience the adventures of life in space through immersive space games and experiments with authentic NASA technology! Additionally, each camper will receive a Mad Science Lab Coat, goggles, NASA Certification, and specially designed Take Homes to help extend learning at home.



Bigger Better Chemistry Lab (Gr. 1 - 6)

Springdale Elementary School

August 5 - August 9

Monday - Friday

9:00AM - 12:00PM - **Sess. 1**

9:00AM - 3:00PM - **Sess. 2**

\$360.00 per student half day camp

\$486.00 per student full day camp

Make sure to wear your safety goggles before stepping into our atomic laboratory! Young chemists will experiment with hands-on, dynamic chemistry reactions that "excite" and "ignite" our world to epic proportions! Campers will team up to design their own colorful indoor fireworks, create instant Glow Worms of all sizes, experiment with giant erupting Elephant Toothpaste, and test out explosive reactions to send rockets flying! Our Polymer Experts will investigate and analyze ingredients to create the Ultimate Slime Recipe. Additionally, each camper will receive a set of Official Mad Science Lab Gear, Mad Science Lab Coat, goggles, Mad Science Certification, and specially designed Take Homes to help extend learning at home.

Eyes for Learning S.T.E. A. M Summer Camps (Ages 7-11)

Springdale Elementary School

July 29 - August 2

9:00AM - 12:00PM - (Ages 7-9) - **Sess. 1**

1:00PM - 4:00PM (Ages 9 - 11) - **Sess. 2**

\$170.00 per student per session

S.T.E.A.M Works Using LEGO® (Ages 7-9)

Children are working with standard LEGO® materials to problem solve pre-engineering challenges involving structure, levers, gears, pulleys, and other elements of simple machines. Projects may include drawbridges, flywheel cars, and amusement park rides). - **Session 1**

Picking Up S.T.E.A.M Using LEGO® (Ages 9-11)

This course is for the advancing builder or children who have already taken S.T.E.A.M. Works Using LEGO®. Children are working with standard LEGO® materials to problem solve pre-engineering challenges and construct more complicated projects involving structure, levers, gears, pulleys, and other elements of machines. Projects may include motorized crab walkers, boat rowers, and Ferris wheels. - **Session 2**



Registration Dates To Remember!

Registration for Spring Programs/
Summer Specialty Camps begins

March 18, 2024!

Summer Art & Sewing Camps For Youth

Paint Draw and More Mixed Media Art Camps (Ages 5 - 13)

Roxbury Elementary School

July 8 - July 12 (Painting & 3D) - **Sess. 1**

July 15 - July 19 (Paint & Sculpt) - **Sess. 2**

July 22 - July 26 (All Art) - **Sess. 3**

July 29 - August 2 (Paint & Sculpt) - **Sess. 4**

August 5 - August 9 (All Art) - **Sess. 5**

Monday - Friday

8:30AM - 2:30PM / **Bring a Smock!, snack and lunch each day**

\$390.00 per child per one week session

These fun summer art camps are designed for students ages 5-13. The classes are open to a maximum of fourteen (14) students per age group (ages 5-8 and 9-13), per session, and students may sign up for continuous weeks and not repeat camp activities. The teaching staff is comprised of skilled artists trained by Paint, Draw & More! Please provide a snack, lunch and smock for your child.

July 8 - July 12 - Painting and 3D: During this week's camp, students will focus on painting, and creating animals and characters in 3D. They will practice fine art and graphic art and how these two styles relate to each other. Students will learn how to turn a sketch into a painting and then a character while learning the various techniques for acrylics, watercolors and paper building. Activities will take place in and out of doors depending on the weather : - **Session 1**

July 15 - July 19 - Paint & Sculpt: During this week's camp, the students will focus on easel painting and sculpture. They will experience how these two styles relate to each other. Students will learn how to turn a sketch into a painting while learning the various techniques for acrylics and watercolors and also create their own sculptures using various mediums. Activities will take place in and out of doors depending on the weather.- **Session 2**

July 22 - July 26 - All Art: Each day is comprised of a full day of creating fine art, some of which may include drawing, painting, mask making, sculpture, bookmaking, collage, print-making, and group projects. Activities will take place in and out of doors depending on the weather. Students will explore a variety of mediums and be encouraged to break artistic boundaries and express their creativity in new and exciting ways. A compilation of the week's activities may end up in an art show or small performance for the parents. - **Session 3**

July 29 - August 2 - Paint & Sculpt: During this week's camp, the students will focus on easel painting and sculpture. They will experience how these two styles relate to each other. Students will learn how to turn a sketch into a painting while learning the various techniques for acrylics and watercolors and also create their own sculptures using various mediums. Activities will take place in and out of doors depending on the weather.- **Session 4**

August 5 - August 9 - All Art: Each day is comprised of a full day of creating fine art, some of which may include drawing, painting, mask making, sculpture, bookmaking, collage, print-making, and group projects. Activities will take place in and out of doors depending on the weather. Students will explore a variety of mediums and be encouraged to break artistic boundaries and express their creativity in new and exciting ways. A compilation of the week's activities may end up in an art show or small performance for the parents.- **Session 5**

Note: Students may repeat camps & not repeat projects. We take a Max of 14 students per camp!



Sew Fancy Summer Camps (Ages 9-14) - New

Springdale Elementary School

July 8th - July 12 / Monday - Friday

9:00AM - 12:00PM - **Sess. 1**

12:30PM - 3:30PM - **Sess. 2**

\$250.00 per child for Am Or PM Session

\$475.00 per child for full day **Instructor:** Molly Jacobson, MST

Intro to Fashion Design (Sewing) - Have you ever dreamed of designing and sewing your own clothes? Here is your chance. This class is geared towards beginner to advanced-beginner tailors and seamstresses and will teach you the basics from threading a needle to how designers get their ideas. A design kit with everything you need, including poseable fashion figurine and fabric and sewing kit will be provided by the instructor. Students will also learn how to safely and properly operate the sewing machine on either a full adult student or student machine. - **Sess. 1**

Illustration for Fashion Design (Drawing includes Digital illustration) - Do you want to express your fashion design ideas like a professional? Are you interested in learning about the jobs involved in creating ready to wear clothing? Or do you just love to draw and are already addicted to Project Runway? If any of this sounds like you, this is your class. Learn how fashion illustrators make their designs look so much like actual clothing. Work with art mediums like pencil and ink and watercolor and also digital design to improve your illustration skills. Develop a full "line" of clothes ready for production to the runway! Students will also learn about how designers "Forecast" their trend inspirations in order to create the newest looks. Art materials including sketchbook provided by instructor. - **Sess.2**



CT Computer Education Youth Summer Camps

Infinity Building through Space with Lego's (Ages 5 - 12) - June 19 - 21

9:00AM - 3:00PM / Wednesday - Friday

\$140.00 per child

So, who wants to be an astronaut? Come build your own space station with your friends. Challenge your friends to creativity while building your own planet of space aliens from Lego's. This class involves discussions of rockets, constellations and galaxies. Pictures will be emailed home. **No Lego's will be taken home. Please bring a lunch and a snack.**

NEW Lego™ MOVABLE CARS AND ROBOTS (Ages 5 - 12) - June 24 - June 27

9:00AM - 3:00PM / Monday - Thursday

\$160.00 per child

This class focuses on a different theme each day. Does your child love Lego's? This class combines the best of both worlds. This class will show children how to build from books and to free build. The class then switches the children to building cars and other movable vehicles. Children will have an opportunity to race with each other. Pictures will be emailed home. **No Legos will be taken home.**

New Cool Science Fun (Ages 5 - 12) - July 1-3 & July 5 (No class July 4TH)

9:00AM - 2:00PM / Monday, Tuesday, Wednesday & Friday

\$160.00 per child

If you love building and creating, our hands on building activities will inspire you! Students working in pairs will work with LEGO® gears, pulleys, lever and wheels. LEARN how to build a Wall Rocker Racer, a Supercharged Speedster, a Battle Spinner and even a drawing machine. This fun, hands-on class shows students how engineering can be fun and silly, yet still educational. Students will build and discuss the engineering science behind each model. Students will then be challenged to improve their model and customize their creations. **Please bring a snack, No Lego's will be taken home.** Pictures will be emailed home.

LEGO'S To Beat (Ages 5 - 12) - July 8 - July 11

9:00AM - 2:00PM / Monday - Thursday

\$160.00 per child

Experiments and more experiments. This class is designed for the eager scientists. This class involves experiments done by children in groups. Children will be required to wear safety glasses during class. If child has any allergies please notify instructor. Please bring a 100 % cotton shirt for a marbling experiment. Some experiments include pepper to the rescue, playdough, marbles, pearler beads, paper rockets and shrinky dinks. **Please bring a snack to class.**

New OZBOTS & Friends (Ages 5 - 12) - July 15 - July 18

9:00AM - 11:00AM / Monday - Thursday

\$112.00 per child

Come meet our new friends the Ozobots. The Ozobots have invited some really cool friends to join our fun filled class. This class is great for children to learn coding. These small but mighty robots are great to play and create amazing inventions. We provide the technology. **No equipment will be taken home. Please bring a snack. Group work**

New Simple Painting For Beginners (Ages 5 - 12) - July 15 - July 18

11:30AM - 1:30PM / Monday - Thursday

\$112.00 per child

Join this new class with friends or make new friends. NO experience needed to learn to paint. This class will discuss different art styles and techniques used to paint. Each child will paint a picture on canvas using acrylic paints. **Please bring a smock & a snack.**

New Beginner MINDSTORMS (Ages 5 - 12) July 22 - July 25

9:00AM - 3:00PM / Monday - Thursday

\$175.00 per child

Attended other Lego classes? Join in on the fun creating robots that move and turnaround. This class uses technology to bring your creation to life, don't know the computer use a preprogrammed brick. No Lego's will be taken home. Please bring a snack and lunch every day to class. This class can be varied from beginner to intermediate builder. Pictures will be emailed home.

**All CT Computer Camps listed Above & on page 25 will be held at the
Recreation Star Center 1170 Shippan Ave, Stamford**

More Computer Ed Camps on the next page!

CT Computer Education Youth Summer Camps

New Blast Off To Space (Ages 5 - 12) July 29 - August 1

9:00AM - 2:00PM / Monday - Thursday

\$160.00 per child

Join your friends and make new friends, this class is all about Rockets, Airplanes and more. The class involves Lego™ building, and various other rockets made of paper, foam and plastic. Children will use various equipment to test agility and distance. No equipment will be taken home. **Please bring a lunch and a snack.**

New Investigator of Science (Ages 5 - 12) August 5 - August 8

9:00AM - 3:00PM / Monday - Thursday

\$175.00 per child

Interested in science? Curious what science experiments are all about? Attend this class with friends or make new friends. Ready for Shrinky dinks, tie dying, flubber, oobleck, play dough and volcano building and other various experiments. Please notify class of any allergies. **Please bring a lunch and a snack.** This class we separate children into groups and have experiments done by the children. Safety glasses will be provided for class.

Science Tricks & Stunts (Ages 5 - 12) August 12 - August 15

9:00AM - 2:00PM / Monday - Thursday

\$160.00 per child

Science is a great way to have some fun with friends. This class has lots of tricks and secrets to keep. Did you ever wonder how things are done that seem really cool? A couple of secrets to Flying Cups, Balancing Cups, Balancing Nails, and other cool experiments. **Please bring a lunch and a snack everyday.**

Gross & Really Cool Jr. Experiments (Ages 5 - 12) August 19 - August 22

9:00AM - 2:00PM / Monday - Thursday

\$160.00 per child

This science is designed for the eager scientists. This class will use household products and other various products to mix, stir and develop cool experiments. Children will be required to wear safety glasses which will be provided. Please bring a 100 % cotton white t shirt only for tie dying . Some experiments include using eggs, water, shaving cream, bubbles, playdough and paper experiments. **Please bring a lunch and a snack for class.** Please notify class of any allergies. This class we separate children into groups and have experiments done by the children.

Concorde Education Summer Camps

Video Game Development (Gr. 5 -8)

Springdale Elementary School

June 24 - June 28

Monday - Friday

9:00AM - 12:00PM

\$300.00 per student

Instructor: Concorde Education Staff

Learn the frontend and backend of mobile game and app development! Students create games in Blockly with the MIT App Inventor and gain an understanding of game design. Concorde Education instructors guide students as they create simple games like Mole Mash, Galaga, and build up to more challenging and original games. This course is perfect for someone looking to begin their computer programming journey.

Weekly Take Home Artifact: Students show the progress of the video they are developing.

Minimum Technology Requirements : All participants must have Chromebook or Ipad for the program.

Video Editing (Gr. 5 -8)

Springdale Elementary School

July 15 - July 19

Monday - Friday

9:00AM - 12:00PM

\$300.00 per student

Instructor: Concorde Education Staff

Video Editing provides students with fundamentals, knowledge and hands-on experience in digital video editing techniques. Students will explore the artistic & technical aspects of developing a story through visual & auditory elements & learn how to transform raw footage into polished productions during this camp.

Weekly Take Home Artifact: Students show the progress on their video productions.

Minimum Technology Requirements : All participants must have Chromebook or Ipad, digital camera, cell phone or similar device for the program.



Summer Tech & Educational Camps

Incrediflix Summer Camp (Ages 7-13)

Springdale Elementary School

July 8 - July 12

Monday - Friday

9:00AM - 12:00PM - Special Effects Movie Flix - **Sess. 1**

1:00PM - 4:00PM - Minecraft Vs Roblox Flix - **Sess. 2**

9:00AM - 4:00PM - AM & PM Program - **Sess. 3**

\$245.000 per student for session per half day section

\$485.00 per student for full day program

Special Effects Movie Flix

Max 8 students - Sess. 1

9:00AM - 12:00PM

Explosions, tornados, meteors! In these high intensity live action movies the special effects will blow your mind. In your group, you'll get to direct, act, and even add special effects as you work with your group to incorporate into your movies. Make a movie that will surprise all your friends and family. *\$35.00 Production fee included in the price of the camp. ****Flix emailed within a month after camp ends.**

Minecraft Vs Roblox Flix

Max 8 students - Sess. 2

1:00PM - 4:00PM

Make a Minecraft movie, or make a Roblox movie, or make a mashup movie! Work in groups to create a stop motion movie full of games or challenges for you character to overcome. Students will create their sets out of construction paper, make their Minecraft blocks, film, add some cool effects, & do voice-overs! *\$35.00 Production fee included in the price of the camp. ****Flix emailed within a month after camp ends.**



Special Effects Move & Minecraft vs

Roblox Flix - Full Day Max 12 students - Sess. 3

9:00AM - 4:00PM

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. Bring a snack, lunch and drink to this full day program. *\$35.00 Production fee included in the price of the camp.

**** Flix emailed a month after the program ends.**

Minds I Motion Summer Camps (Ages 8 - 12)

Springdale Elementary School

July 22 - July 26

Monday - Friday

9:00AM - 12:00PM - **Solarbot.14 Camp - Sess. 1**

12:30PM - 3:30PM - **Future Engineers Camp - Sess. 2**

\$200.00 per child per camp section

Instructor: Minds in Motion Staff

Solarbot.14 Camp (9AM-12PM): Come and take home your very own 14 in 1 educational solar robot kit! Every hour more solar energy reaches the Earth than humans use in an entire year! Learn how solar energy works and witness firsthand how this technology can harness the sun's energy source. This kit contains unique components and parts that operate on land and water. Construct 14 different solar powered robots from functional to comical designs which include a tortoise bot, bug bot, paddle bot, tumbler bot, monster bot, big wheeler bot, car bot, surfer bot, and rowing bot! Working with its motor, gears, and solar panel, watch your solar bot come to life without any batteries as it uses the power of the sun. Take part in one of the alternative energies that is used most widely across the globe. Use your own creativity, put your mind in motion, and create your own designs!

Future Engineers Camp (12:30PM - 3:30PM): If you like to create and build things, this program is for you! Take home your very own engineering kit! You will build up to 8 working models including a material lift, stationary bike, crane bridge, construction crane, and a windmill! With the aid of your instructor and the easy-to-follow manual, you will learn different scientific principles involving pulleys and mechanics. You will also learn about basic circuits as you construct a Maze Challenge, Flying Disc, Turbo Air, and Alarm System with our STEM Lab kit! As future engineers, the STEM lab will teach you how to comprehend a schematic diagram and interpret the flow of electricity. Design your own diagrams and watch your confidence soar as you transform wires, springs, and plastic parts into fully functioning circuits. Come obtain the necessary skills and experience to take on the technological challenges of the future!

Chess Wizards Summer Camp (Ages 6-12)

Springdale Elementary School

August 12 - August 16

Monday - Friday

9:00AM - 12:00PM - **Sess. 1**

12:00PM - 3:00PM - **Sess. 2**

9:00AM - 3:00PM - **Sess. 3**

\$245.00 for **Session 1 & 2**

\$375.00 for **Session 3**

Instructor: Certified Chess Wizard Staff

Chess Wizards has been teaching the game of chess since 2002. Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like Corner Chess), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. We include all the materials necessary for your child to participate, but full-day kids should bring a snack & lunch. Unleash your brain power and spend part of your vacation with Chess Wizards!



Mighty Makers Summer Camps

MIGHTY MAKERS SUMMER FUN (Gr. K-2)

Springdale Elementary School

Monday through Friday

9:00AM - 1:00PM

\$190.00 per child per session

\$152.00 per child for Session 2

June 24 - June 28 (Art Blast) - **Sess. 1**

July 1 - July 5 (Red, Whit & Blue, **No camp 7/4**) - **Sess. 2**

July 8 - July 12 (Cool Science) - **Sess. 3**

July 15 - July 19 (Build It) - **Sess. 4**

July 22 - July 26 (Create) - **Sess. 5**

July 29 - August 2 (Outdoor Adventures) - **Sess. 6**

August 5 - August 9 (Anything Goes!) - **Sess. 7**



June 24 -28 – ART BLAST- The messier the better! Let's go! Join us for a cool week of indoor/outdoor creations! Campers will explore art in a variety of ways as they create unique and colorful masterpieces!- **Sess. 1**

July 1-5 – RED, WHITE and BLUE A new day every day! From festive art and outdoor adventures to music, games and fun with food creations! (NO CAMPJULY 4th) - **Sess. 2**

July 8 – 12 - COOL SCIENCE – Calling all scientists! Join us as we erupt, explode and glow through a week of hands on crazy cool experiments! -**Sess.3**

July 15- 19 – BUILD IT – If you love to build, this week is for you! Our week will be full of building projects using wood, recycling, hammers, nails, and lots of other tools!! Can we build it, YES, we can! -**Sess. 4**

July 22 - 26 – CREATE – Fun and funky crafts will fill our week! We'll use a variety of art materials and loose parts; we're ready to create some cool crafts together! - **Sess. 5**

July 29 – Aug 2 - OUTDOOR ADVENTURES – Let's get moving and grooving! We'll learn and play a variety of movement, sport and musical games each day! Come join the team as we dive into a creative blast of a week together! -**Sess. 6**

Aug 5- Aug 9 – ANYTHING GOES – A surprise day every day! Our finale week will be filled with a variety of activities from art and science to games and music! We're closing our camp season with a blast of fun together! - **Sess. 7**

Contact Nancy with any questions: mightymakers1@gmail.com

Summer Tech Camp For Youth

Play - Well Tech Summer Camps

Springdale Elementary School

July 8 - July 12 (Monday - Friday)

9:00AM - 12:00PM (Ages 5-7) - Minecraft Engineering using LEGO Material - **Sess. 1**

1:00PM - 4:00PM (ages 7-12) - Minecraft Master Engineering Using Lego Materials - **Sess. 2**

\$175.00 per child per session

Minecraft Engineering Using Lego Materials (Ages 5-7) Venture into the world of Minecraft in our unique LEGO® experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, & battle to stop the Ender Dragon from ending the world. Explore the endless possibilities of LEGO® with a trained Play-Well instructor -**Session 1**

Minecraft Master Engineering Using Lego Materials (Ages 7-12) Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it - **Session 2**



CT Soccer Network Camps For Youth & Teens

CT Soccer Network-Soccer Camp (Ages 3- 14)

West Beach Field 2-Shippan Ave

Monday - Friday

June 24 - June 28

9:00AM- 10.30AM (3 & 4 year olds) - Sess.1

9:00AM 12:00pm (5-14 Year olds) - Sess. 2

\$99.00 per child (Ages 3 & 4)

\$199.00 per child (Ages 5 - 14)

CT Soccer Network provides young players of all abilities with the rare opportunity to receive high-level soccer coaching from a team of international experts right in the heart of their own community. The CSN staff will teach each player to fulfill their true soccer potential in a fun filled environment. Campers will be exposed to individual foot skills, technical drills, tactical practices, small-sided games and scrimmages. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN! All campers should have shin guards, and athletic shoes or soccer cleats. Campers should also bring plenty of water and a snack each day. We recommend that campers should arrive at camp with sunscreen already applied, as well as with additional sunscreen to apply as needed.

CT Sports Network-Multi Sports Camp (Ages 5-14)

Scalzi park

August 12 - August 16

Monday - Friday

9:00AM - 12:00PM

\$199.00 per child

Multi-Sport camps in which the campers will experience a variety of different sports. These include team sports like soccer, basketball, baseball, kickball and other sports such as golf, track and field events and footgolf. There may also be some additional 'new sports' that you may never have seen or played before! Campers will receive some technical instruction but will spend the majority of the time playing in realistic game situations and will meet and make new friends within our safe and fun camp environment. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN! This camp is dedicated to children of all abilities. All campers should have athletic shoes, plenty of water and a snack each day. We recommend that campers should arrive at camp with sunscreen already applied, as well as with additional sunscreen to apply as needed.



CT Sports Network-3v3 Street Soccer Camp (Ages 7-14)

West Beach Soccer Field 2 Shippan Ave

July 22 - July 26

Monday - Friday

9:00AM - 12:00PM

\$199.00 per child



CT Soccer Network will be running a soccer camp with 'a difference' this summer. The 3v3 Street Soccer Camp will start with small sided 3v3 games, before the players are taught a new skill/move each day. The players will then practice unopposed and then opposed under pressure before going back to play in small sided games. As the week progresses, we will put the onus on the players to set-up the field, pick the teams and referee the games! Breaking it down to how the game used to be played years ago before all of the structured and coach led classes. Our staff will be on site to help motivate, encourage, teach and oversee the camp but leaving the majority of the camp down to the players initiative and ability to prepare for the day ahead! All players should have shin guards, and athletic shoes or soccer cleats. Players should also bring plenty of water and a snack each day. We recommend that players should arrive at camp with sunscreen already applied, as well as with additional sunscreen to apply as needed.

CT Sports Network-Soccer, Golf & Foot Golf Camp (Ages 4-16)

West Beach Field 2 Shippan Ave.

July 8 - July 12

Monday - Friday

9:00AM - 12:00PM

\$199.00 per child

CT Sports Network's Soccer, Golf and Foot Golf Camp is a camp with a difference! For any youngsters with any sort of interest in soccer or golf, we will be allowing them to play both sports and throw in some Foot Golf as well! Throughout the week we will work on both sports and combine them with our own fun Foot Golf course that the players will 'play' each day. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN! Campers will receive technical instruction for both sports, play in realistic game situations and will meet and make new friends within our safe and fun camp environment. This camp is dedicated to children of all abilities.



CT Sports Network-Volleyball Camp (Ages 7 - 18)

Scalzi Park

June 24 - June 28

Monday - Friday

9:00AM - 12:00PM

\$199.00 per child per session

The camp is open to both new and experienced players and our Master Coaches and certified staff will focus on teaching skills, rotations, game scenarios and the rules of the game in a fun-filled environment. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN! All campers should have athletic shoes (or sand socks for the outdoor sand court), a snack, water and you may also wish to bring your knee pads as well.

Skyhawks Sports Camps For Youth & Teens

Skyhawks Flag Football Camp Fueled by USA Football (Ages 8-12)

West Beach Field 1, 796 Shippan Ave

June 24 - June 27

Monday - Thursday (Friday rain day back-up)

9:00AM - 3:00PM

\$209.00 per child

Instructors: Skyhawks Coaches

Experience the excitement of football with Skyhawks Flag Football Fueled by USA Football. Using a curriculum developed by the experts from USA Football, coaches will teach skills like passing, receiving, kicking and flag pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment. **(Min/Max: 8/20)**

Skyhawks STEM & Play Volleyball Camp (Ages 10 - 14)

Lathon Wider Community gym, 137 Henry Street

July 1 - July 3

Monday - Wednesday

9:00AM - 3:00PM

\$180.00 per child

Instructors: Skyhawks Coaches

Description: Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginning to intermediate player and includes a focus on critical life skills such as leadership and teamwork. **(Min/Max: 8/16)**



Skyhawks Volleyball Camp (Ages 10 - 14)

Scalzi Park Volleyball Courts, Bridge St

July 15 - July 18

Monday-Thursday (Friday rain day back-up)

9:00AM - 12:00PM

\$159.00 per child

Instructors: Skyhawks Staff

Description: Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Skyhawks staff also instill positive life skills such as respect and sportsmanship. **(Min/Max: 10/24)**

Skyhawks Beginner Tennis Camp (Ages 6 - 9)

Cummings Park, Shippan Ave

July 8 - July 11 - **Session 1**

July 22 - July 25 - **Session 2**

July 29 - August 1 - **Session 3**

Monday - Thursday (Friday rain day back-up)

9:00AM - 12:00PM

\$159.00 per child per session

Instructors: Skyhawks Staff

Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Skyhawks staff also instill positive life skills such as respect and sportsmanship. **(Min/Max 8/12)**



Skyhawks Tennis Camp (Intermediate to Advanced (Ages 8-12))

Cummings Park, Shippan Ave

July 8 - July 11 - **Session 1**

July 22 - July 25 - **Session 2**

July 29 - August 1 - **Session 3**

Monday-Thursday (Friday rain day back-up)

9:00AM - 12:00PM

\$159.00 per child per session

Instructors: Skyhawks Staff

Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Skyhawks staff also instill positive life skills such as respect and sportsmanship. **(Min/Max 8/12)**



Registration can be done online
at www.stamfordrecreation.com

Summer Sports Camps For Youth & Teens

Young Athletes 4 Change Basketball/Stem (Ages 6-11)

Lathon Wider Gym, 137 Henry Street

July 15th-August 2 (4 weeks)

9:00AM - 4:00PM

\$650.00 per child

Basketball Training: Professional coaches will provide basketball training sessions both indoors and outdoors. The camp aims to enhance fundamental basketball skills, teamwork, and sportsmanship. **STEM Education:** Our STEM curriculum is designed to engage and educate campers in science, technology, engineering, and mathematics through interactive and hands-on activities. We believe in making STEM learning fun and accessible. Our camp offers a unique blend of physical activity, skill development, and educational enrichment. We prioritize creating a positive and inclusive environment for children to learn, grow, and have fun.

Young Athletes 4 Change-Multi Sport Outdoor Camp (Ages 6-11)

Lathon Wider Outdoor Basketball Court, 137 Henry Street

August 5 - August 9

Monday - Friday

9:00AM - 4:00PM

\$160.00 per child

The camp aims to enhance fundamental skills, teamwork, and sportsmanship. Sports will include whiffle ball, basketball, kickball and more. We prioritize creating a positive and inclusive environment for children to learn, grow, and have fun.



CAS Soccer Camp (Ages 3-14)

West Beach Turf Field 1

August 19 - August 23

Monday - Friday

9:00AM - 10:30AM | 3 - 5 years | \$105 - **Sess. 1**

9:00AM - 12:00PM | 6 - 14 years | \$170 - **Sess. 2**

9:00AM - 3:00PM | 7 - 14 years | \$220 - **Sess. 02**

*All players need to bring a ball, plenty of water, a healthy snack and shin guards. All players receive ball and jersey upon arrival to camp. CAS Soccer Camps are based on our Fundamental approach to youth soccer coaching and are appropriate for players who play within their soccer communities. CAS Soccer Camps combine the overall development of the player's physical capacities and fundamental movement skills with an introduction into the key components of soccer. www.communityathleticsolutions.com.



Foundational Skills Soccer Camp with Challenger Sports (Ages 3-14)

West Beach Field #1 Shippan Ave.

Monday, July 29- Friday, August 2

Tiny Tykes (Ages 3-5) 8:00AM - 8:45AM - \$100.00 - **Sess. 1**

Half Day (Ages 6-14) 9:00AM - 12:00PM - \$180.00 - **Sess. 2**

Full Day (Ages 7-14) 9:00AM - 3:00PM - \$240.00 - **Sess. 3**

Early Drop Off 8:00AM-9:00AM - \$30.00 - **Sess. 4**

Instructors: Professional Coaches from the UK & Ireland

Join us for an International Soccer Camp without leaving your area! Coached by our team of international and US-based staff, our week-long camp improves your child's technical foundational skills whilst providing a unique cultural experience. Rooted in British training methodology, these camps introduce our international training approach to campers across the U.S and Canada. Our curriculum and coaching foundation meets engaging delivery for an all-around positive experience. We channel our energy and passion for the game into a fun yet developmental environment. As industry experts, we have crafted an approach which uses methodologies from all around the world to truly reflect the global nature of the sport today. Camp will include a free soccer ball, jersey and certificate, as well as other early registration incentives. Bring a water bottle, snacks/lunch and extra water for full day.



Brazilian United Futsal Camp (Ages 7-14) & Future Stars Camp (Ages 3-6)

Lathon Wider Gym, 137 Henry Street

June 24th-June 28th

Monday - Friday

\$269 per camper: 9:00AM-3:00PM - All Day Camp Ages 7-14

\$229 per camper: 9:00AM-12:00PM - Half Day Camp Ages 7-14

\$125 per camper: 3:00PM-4:00PM Future Star Program Ages 3-6

Head Camp Coordinator: Pedro Drager

Our organization is dedicated to providing a premium and competitive experience for young athletes to reach their full potential. We pride ourselves on our unique methodology, known as the Beyond Soccer way, which not only focuses on developing top-notch players, but also nurturing their psychological, physical, and social growth. Our ultimate goal is to create exceptional individuals who can excel both on and off the field with passion and confidence.

Summer Fitness & Sports Camps

Hoop Girls - Hoop Dance, Yoga, Zumba & Fitness Camp At The Beach (Gr.1-5)

Star Center 1170 Shippan Ave

August 19 - August 22

Monday - Thursday

9:30AM - 3:30PM

\$325.00 per student

Instructor: Betty Kelly Camlin, Certified Instructor
HOOP GIRLS- HOOP DANCE - YOGA- ZUMBA-
FITNESS @ THE BEACH 4 days AUG 19,20,21,22 9:30-
4:00pm. \$325pp. \$299pp family. Girls will have a Whirl of a
time in this Amazing, fun camp with Bodywise by Betty at
the New Star Center 1170 Shippan Ave, that includes clas-
ses in: Hoop Dance in gym, playground and beach, Zumba
IN THE GLOW in gym - YOGA on the beach, Mini Tram-
polines, Fitness classes in Jump Rope, Kids Boot Camp,
Kickboxing Boxing. Crazy hair day, PJ Spa Day and Disco
Glow day are some of our themes. Pizza Party and visit
from Ice Cream Truck. (Xtra fee) Plus Playground fun,
crafts and games. Anyone having birthday during camp are
welcome to bring cupcakes and we will celebrate with you!!
We will Hoop and do Yoga and have lunch on the beach and
in the playground - weather permitted and in the gym. Ms
Betty will instruct you in how to dress, what to bring etc
once camp is confirmed. WE ARE A NUT FREE CAMP.

Min 10 max 18 campers!



Overtime Athletics - Flag Football Camp (Gr. K - 5)

West Beach Fields, Shippan Ave

July 15 - July 19

Monday - Friday

9:00AM - 12:00PM

\$210.00 per child

Huddle Up and get ready for Flag Football! Kids are lining
up to score touchdowns and participate in one of the most
popular sports in the country! Players will get a chance to be
running backs, wide receivers, defensive ends, and corner
backs. Learn to pass, catch, run routes and punt like the pros!
We'll practice these skills while playing Button Hook, Down
& Out, Pitch & Run and First & Ten. Scrimmages and Red
Zone Challenges will test your skills, promote teamwork, and
encourage sportsmanship.



Overtime Athletics - Basketball Camp (Gr. K - 5)

Lathon Wider Gym, 137 Henry Street

August 5 - August 9

Monday - Friday

9:00AM - 12:00PM

\$195.00 per child

The games within the game are where the players learn bas-
ketball skills like dribbling, passing, scoring, rebounding, and
defense. Test your abilities having fun scrimmaging or play-
ing games like Dribble Scribble, King of the Court, Hot Shot
3-pointers, Knock Out, and MORE! Be ready to take the last
second shot, make that extra pass or win the game on a defen-
sive play! Learn the fundamentals of basketball, concepts of
teamwork, and have a great time with friends.



Peak Performance Summer Camps

PEAK PERFORMANCE ALL SPORTS SUMMER CAMP (Ages 5-14)

Westhill High School, 125 Roxbury Road

9:00AM - 12:30PM - Half Days

9:00AM - 4:00PM - Full Days

\$149.00 per student for half day - **Weeks 1,3,4,5,6,7,8**

\$249.00 per student for a full day - **Weeks 1,3,4,5,6,7,8**

Monday - Friday (except for Week 2 closed for July 4 & 5)

June 24 - June 28 - **Week 1**

July 1 - July 3 (4 days Half \$90.00 Full \$149.00) - June 30 - **Week 2**

July 8 - July 12 - **Week 3**

July 15 - July 19 - **Week 4**

July 22 - July 26 - **Week 5**

July 29 - August 2 - **Week 6**

August 5 - August 9 - **Week 7**

August 12 - August 16 - **Week 8**

For Boys and Girls ages 5-14. This camp offers a combination of traditional sports games, like soccer, flag football, basketball, floor hockey, wiffleball (baseball), team handball, kickball, capture the flag, dodgeball, ga ga ball, survivor, cornhole, can jam, and MORE! We ask that our full day campers bring a lunch and refillable water bottle, and half day campers only bring a water bottle. **VISIT WWW.PEAKPERFORMANCESPORTS.NET For more information!**



Spring/Summer Ice Skating Programs at **TERRY CONNERS RINK**

All Ice Skating is at Terry Connors Rink, 1125 Cove Road located in Cove Island Park in Stamford. All Registration must be done directly with Terry Connors Rink. We do not have online registration but all forms are listed on our website – www.tcrink.com and can be emailed to terryconnors@stamfordct.gov or called in to the rink office at (203)977-4728.

Pubic Skating Sessions

Our Public Skating is offered during weekdays and on the weekends. Please check our website for public skating hours at www.tcrink.com. We offer group rates for groups over 15 with a reservation. Our admission rates are Child U18 - \$8.00, Adults - \$10.00, Skate Rentals - \$4.00.

Open Hockey

TCR has Open Hockey Sessions for all ages year round. Please check our website for these sessions at www.tcrink.com. Admission rates are \$15.00. All skaters under the age of 17 must wear full equipment and adults must wear helmet and gloves. Bring your own pucks!

Freestyle Sessions

TCR offers Freestyle Sessions at \$18.00 per session. Please check our website for these sessions at www.tcrink.com. Freestyle session are for advanced skaters for practice and private lesson time. The Skating Club of Southern CT offers Freestyle Sessions on Tuesday afternoons from 3:50 to 5:00pm. You must be a member of the SCSC Club to either walk-on or subscribe to the Tuesday Ice Time. Club's website – www.skatescsc.com.

SUMMER ICE SKATING CAMP

June 17 thru August 16, 2024

We offer Summer Camp for beginners thru advanced freestyle lessons including hockey beginner thru intermediate lessons for ages 5-12.

Full day camp is 8:30am-4:00pm

Half day camp is 8:30-12:30 or 12:00 to 4:00pm.

Full Day Camp for one week is 375.00

Half Day Camp for one week is 250.00

Multi-Week Discount for Stamford Residents



Spring Group Skating Lessons Ages 4 and up – All Levels Beginners thru Freestyle Classes Dates: March 28 thru May 18, 2024

Our group lessons are offered on Thursdays or Saturdays. Please check our website for specific times for your age and level. Basic 1 is for beginners aged 6 and above and Snowplow Sam 1 is for beginners 4 & 5. We offer all levels thru Basic 6 and all Freestyle levels and have Specialty Classes including Intro to Synchro, Moves Classes, Advanced Freestyle, and Intro to Hockey. The Intro to Hockey Class is for ages 4-10 who have passed Basic 2 and who can skate forward, backwards and stop. Registration is done thru Terry Connors Rink. Call Rink directly at 203-977-4728 to register. Our website is www.tcrink.com and our email address is terryconnors@stamfordct.gov.

Fee for the 8 week cycle is 160.00.

TCR Programs & Ice Rentals

Terry Connors Ice Rink, located in beautiful Cove Island Park has served the skaters of Stamford and its surrounding neighbors since 1973. The Rink is owned and operated by the City of Stamford, offering affordable hockey, figure skating, and basic skill lesson programs. TCR is home to Stamford Youth Hockey, Skating Club of Southern Connecticut, Terry Connors Synchronized Skating, and Stamford/Westhill Boys and Girls High School Hockey.

TO CONTACT TERRY CONNERS CALL (203) 977-4728